

Authored by the 2017-2018 AHNS Education Committee *Editors: Michael Moore, Cecelia Schmalbach, Babak Givi* 

#### **Table of Contents**

[document is hyper-linked – click the page numbers in the right column to go to each section]

Head & Neck Anatomy – Recommended Reading		page 2
<b>Cutaneous Malignancies</b>	Arnaud Bewley, Michael Moore, Cecelia Schmalbach	page 3
Salivary Gland	Avinash Mantravadi, Mike Moore, Christopher Rassekh	page 8
Oral Cavity	Babak Givi, Michael Moore, Alok Pathak	page 12
Nasopharynx	Babak Givi	page 16
Oropharynx	Daniel Pinheiro, Gregory Hartig, Antoine Eskander	page 18
Larynx	Bharat Yarlagadda	page 22
Tracheal Disease	Mike Moore	page 25
Hypopharynx	Bharat Yarlagadda	page 28
Skull Base	Carl Snyderman	page 31
Head & Neck Paragangliomas	Michael Moore	page 34
Neck	Antoine Eskander	page 37
Thyroid	Russell Smith	page 41
Parathyroid	Tanya Fancy, Russell Smith, Liana Puscas	page 45
Microvascular Reconstruction	Kelly Malloy, Mark Jameson	page 48
Ethics	Susan McCammon, Andrew Shuman	page 52
<b>Basic Science</b>	Thomas Ow, Cecelia Schmalbach, Chad Zender	page 57
<b>Clinical Research</b>	Thomas Ow, Cecelia Schmalbach, Chad Zender	page 59

It is recommended that all Fellows use both the 7<sup>th</sup> and the 8<sup>th</sup> Edition of the AJCC Staging systems. In addition, we recommend that they use the current Guidelines of the National Comprehensive Cancer Network (NCCN) (which can be accessed at <u>www.nccn.org</u>.) and American Thyroid association guidelines in discussion and management of cases (https://www.thyroid.org/professionals/ata-professional-guidelines)

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#### Head & Neck Anatomy – Recommended Reading

Anatomy of the Head and Neck. George H.Paff. 1973. W.B. Saunders Company.

<u>Gun R, Durmus K, Kucur C, Carrau RL, Ozer E</u>. Transoral surgical anatomy and clinical considerations of lateral oropharyngeal wall, parapharyngeal space, and tongue base. <u>Otolaryngol Head Neck Surg.</u> 2016 Mar;154(3):480-5.

Surgical Anatomy of the Head and Neck Hardcover. Azar N, et al. 2011. Editors: Janfaza P, Nadol Jr J, Galla RJ, Fabian RL, Montgomery WW.

Local Flaps in Facial Reconstruction Hardcover. Baker SR. 2014.

Netter's Advanced Head and Neck Flash Cards Cards. Norton NS. 2016.

Lim CM, Mehta V, Chai R, Pinheiro CN, Rath T, Snyderman C, Duvvuri U. Transoral anatomy of the tonsillar fossa and lateral pharyngeal wall: anatomic dissection with radiographic and clinical correlation. Laryngoscope. 2013 Dec;123(12):3021-5.

Stack BC Jr, Ferris RL, Goldenberg D, Haymart M, Shaha A, Sheth S, Sosa JA, Tufano RP; American Thyroid Association Surgical Affairs Committee. <u>American Thyroid Association consensus review and statement regarding</u> the anatomy, terminology, and rationale for lateral neck dissection in differentiated thyroid cancer. Thyroid. 2012 May;22(5):501-8.

Robbins KT, Shaha AR, Medina JE, Califano JA, Wolf GT, Ferlito A, Som PM, Day TA; Committee for Neck Dissection Classification, American Head and Neck Society. <u>Consensus statement on the classification and terminology of neck dissection</u>. Arch Otolaryngol Head Neck Surg. 2008 May;134(5):536-8.

Robotic head and neck surgery: an anatomical and surgical atlas. Goldenberg D. 2017.

Color Atlas of Head and Neck Surgery: A Step-by-Step Guide. Dubey SP, Molumi CP.

Atlas of Regional and Free Flaps for Head and Neck Reconstruction, 2nd Edition. Flap Harvest and Insetting. By <u>Mark L. Urken</u>, <u>Mack L. Cheney</u>, <u>Keith E. Blackwell</u>, <u>Jeffrey R. Harris</u>, <u>Tessa A. Hadlock</u> and <u>Neal Futran</u>.

back to top



#### **Cutaneous Malignancies**

## Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with melanoma and non-melanoma skin cancer.

#### **Objective:** By the end of the fellowship, the fellows can:

- 1. List the function of the skin and diagram its histologic anatomy
  - A. Outline the different histologic layers and their cellular make-up, especially as it pertains to the development of different types of cutaneous malignancies
- 2. Perform a thorough oncologic examination of head and neck, with emphasis on the skin and scalp exam as well as the associated at-risk lymphatic basins based on the location of the primary tumor
  - A. Perform a relevant sensory and cranial nerve examination based on the location of the tumor
- 3. Develop a differential diagnosis for pigmented and non-pigmented skin lesions
- 4. Recognize the risk factors for developing melanoma and non-melanoma skin cancer
- 5. Identify basic cutaneous histopathology
  - A. Recognize the spectrum between normal, dysplastic and invasive skin lesions based on histopathology
  - B. Determine what immunohistochemical stains differentiate various skin lesions
- 6. Describe the typical presentation of different types of skin cancer and recognize signs and symptoms that suggest a more aggressive behavior
- 7. Stage different cutaneous malignancies accurately based on AJCC classification system
- 8. Plan a staging work up for malignant skin lesions based on NCCN guidelines
  - A. Determine when additional testing such as MRI, temporal bone imaging, chest imaging is indicated
  - B. Determine when it is appropriate to consider PET/CT imaging in cutaneous malignancies
  - C. Determine when it is appropriate to perform sentinel node biopsy for regional staging of cutaneous malignancies
- 9. Describe clinical and pathological features that make skin cancers at higher risk for local recurrence or regional metastasis (particularly for basal cell carcinoma and squamous cell carcinoma)
- 10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
  - A. Outline the treatment options: surgical, nonsurgical, palliative
  - B. For surgical patients, determine when it is appropriate to consult additional services to assist with management (neuro-otology for aggressive periauricular/auricular lesions and/or those with complete facial paralysis, head and neck reconstructive surgeon, neurosurgery, if skull or skull base involvement is present)
- 11. Determine the appropriate surgical margins for primary tumor resection, based on stage for:
  - A. Malignant melanoma
  - B. SCC
  - C. BCC



- D. Merkel cell carcinoma
- E. Dermatofibrosarcoma protuberans
- F. Angiosarcoma
- 12. Cite the principles of Mohs Micrographic surgery as well as its indications and contraindications
- 13. Describe the indications for sentinel lymph node biopsy and/or elective neck dissection in N0 cutaneous squamous cell carcinoma
- 14. Determine when sentinel lymph node biopsy is indicated for cutaneous melanoma of the head and neck and Merkel cell carcinoma
- 15. Recognize when reconstruction is needed following resection of skin cancers
  - A. Determine the best option for closure of small defects based on location and relaxed skin tension lines
  - B. Outline the options for reconstruction: Allografts, skin grafts, local flaps, regional flaps (submental, supraclavicular, pectoralis, SCM, Occipital, lower island trapezius), and free flaps (ALT, forearm, rectus abdominus, latissimus)
  - C. Recognize what defects and scenarios are appropriate for delayed reconstruction
  - D. Recognize scalp defects that will require tissue expanders for reconstruction and formulate a plan for utilization of tissue expanders
- 16. Determine indications for a facial nerve drill-out and/or a lateral temporal bone resection
- 17. Perform core procedures in surgery on the skin of the head and neck, including design of local flap closures and sentinel lymph node biopsy, as defined by the curriculum, based on the attestation of the program director
- 18. Cite indications for adjuvant therapy following surgery for non-melanoma cancer, malignant melanoma and Merkel cell carcinoma based on staging, pathologic characteristics and operative findings
- 19. Summarize the current status of molecular testing of melanoma
- 20. Recognize common complications of following parotid surgery, neck surgery, and wide skin undermining
- 21. Plan appropriate course of action for treating surgical complications of skin cancer surgery
- 22. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable cutaneous lesions
- 23. Discuss indications for orbital exenteration in periocular cutaneous malignancies
- 24. State what non-surgical options are available to treat aggressive cutaneous malignancies
- 25. Utilize ancillary services such as nutrition and physical therapy appropriately in treatment planning and long term care of skin cancer patients
- 26. Formulate an evidence-based surveillance program for skin cancer and melanoma survivors based on established guidelines (such as NCCN)
- 27. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up
- 28. Discuss the available options and recommend appropriate systemic therapies, including immunotherapy
- 29. Recognize incurable diseases and plan appropriate palliative care
- 30. Describe the indications for a parotidectomy
- 31. Describe the indications for a neck dissection



32. If the facial nerve is involved and/or sacrificed, describe the options for reconstruction of the upper and lower divisions of the nerve.

## Process: By the end of fellowship the fellows have participated in a minimum number of skin cancer resection and reconstruction procedures based on the following list:

- 1. Wide local excision of facial skin cancers
- 2. Wide local excision of scalp skin cancers (+/- resection of outer table of calvarium)
- 3. Sentinel lymph node biopsy
- 4. Modified radical and/or radical lymphadenectomy
- 5. Local flap closure of facial skin defects
- 6. Split thickness skin grafting
- 7. Full thickness skin grafting
- 8. Parotidectomy for cutaneous malignancies

#### **Recommended Reading:**

Andrews, G. Primary resection of cutaneous malignancies of the head and neck. Operative Techniques in Otolaryngology-Head and Neck Surgery, Vol. 24, Issue 1, p9–12. Published in issue: March 2013

Neves, R.I. Selective sentinel lymph node dissection in head and neck cutaneous melanoma. Operative Techniques in Otolaryngology-Head and Neck Surgery, Vol. 24, Issue 1, p13–18. Published in issue: March 2013

Craig L. Cupp, Wayne F. Larrabee Jr., Reconstruction of the forehead and scalp. Operative Techniques in Otolaryngology-Head and Neck Surgery, Vol. 4, Issue 1, p11–17. Published in issue: March 1993

Treatment of the parotid gland in cutaneous melanoma – Operative Techniques in Otolaryngology - Head and Neck Surgery. Pytynia, Kristen, MD, MPH; Warso, Michael, MD.. Published December 1, 2008. Volume 19, Issue 4.

#### **Basal Cell Carcinoma**

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Inhibition of the hedgehog pathway in advanced basal-cell carcinoma. Von Hoff DD, LoRusso PM, Rudin CM, Reddy JC, Yauch RL, Tibes R, Weiss GJ, Borad MJ, Hann CL, Brahmer JR, Mackey HM, Lum BL, Darbonne WC, Marsters JC Jr, de Sauvage FJ, Low JA. N Engl J Med. 2009 Sep 17;361 (12):1164-72.

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Rogers HW, Weinstock MA, Harris AR et al. Incidence estimate of nonmelanoma skin cancer in the United States, 2006. Arch Dermatol 2010; 146: 283-287.

Schmults CD, Karia PS, Carter JB, Han J, Quereshi AA. Factors predictive of recurrence and death from cutaneous squamous cell carcinoma: a 10-year, single-institution cohort study. JAMA Dermatol 2013;149(5):541-547.

Jambusaria-Pahlajani A, Kanetsky PA, Karia PS, et al. Evaluation of AJCC tumor staging for cutaneous squamous cell carcinoma and a proposed alternative tumor staging system. JAMA Dermatol 2013;149(4):402-410.

Clayman GL, Lee J, Holsinger FC et al. Mortality risk from squamous cell skin cancer. Journal of clinical oncology 2005;23(4):759-765.



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McDowell LJ, Tan T, Bressel M et al. Outcomes of cutaneous squamous cell carcinoma of the head and neck with parotid metastases. J Medical Imaging and Radiation Oncology; 2016: 1-9.

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Rowe DE, Carroll RJ, Day CL. Prognostic factors for local recurrence, metastasis, and survival rates in squamous cell carcinoma of the skin, ear, and lip. J Am Acad Dermatol. 1992;26:976-990.

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Moore BA, Weber RS, Prieto V, et al. Lymph node metastases from cutaneous squamous cell carcinoma of the head and neck. The Laryngoscope, 2005;115:1561-1567.

Ch'ng S, Maitra A, Allison RS, et al. Parotid and cervical nodal status predict prognosis for patients with head and neck metastatic cutaneous squamous cell carcinoma. J Surg Onc 2008;98:101-105

O'Brien CJ, McNeil EB, McMahon JD, et al. Significance of clinical stage, extent of surgery, and pathologic findings in metastatic cutaneous squamous carcinoma of the parotid gland. Head Neck. 2002; 24: 417-22

Jensen P, Hansen S, Moller B, et al. Skin cancer in kidney and heart transplant recipients and different long-term immunosuppressive therapy regimens. J Am Acad Dermatol. 1999; 40: 177-86.

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D'Souza J, Clark J. Management of the neck in metastatic cutaneous squamous cell carcinoma of the head and neck. Curr Opin Otolaryngol Head Neck Surg. 2011;19:99-105.

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Ow TJ, Wang HR, McLellan B, Ciocon D, Amin B, Goldenberg D, Schmalbach CE; Education Committee of the American Head and Neck Society (AHNS). AHNS Series- Do you know your guidelines? Diagnosis and Management of Cutaneous Squamous Cell Carcinoma. *Head Neck*. 2016 Nov;38(11):1589-1595.

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#### **Cutaneous Malignant Melanoma**

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Sladden MJ, Balch C, Barzilai DA, Berg D, Freiman A, Handiside T, Hollis S, Lens MB, Thompson JF. Surgical excision margins for primary cutaneous melanoma. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD004835. DOI: 10.1002/14651858.CD004835.pub2.

Balch, C. M., et al., Long-Term Results of a Prospective Surgical Trial Comparing 2 cm vs. 4 cm Excision Margins for 740 Patients With 1–4 mm Melanomas. Annals of Surgical Oncology 2001;8(2): 101-108.

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Breslow A. Thickness, cross-sectional areas and depth of invasion in the prognosis of cutaneous melanoma. Ann Surg. 1970; 172(5): 902-8.

Morton DL, Thompson JF, Cochran AJ, Mozzillo N, Elashoff R, Essner R, Nieweg OE, Roses DF, Hoekstra HJ, Karakousis CP, Reintgen DS, Coventry BJ, Glass EC, Wang HJ; MSLT Group. Sentinel-node biopsy or nodal observation in melanoma. N Eng J Med. 2006; 355(13): 1307-17.

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<u>Wide versus narrow excision margins for high-risk, primary cutaneous melanomas: long-term follow-up of survival in a randomised trial.</u> Hayes AJ, Maynard L, Coombes G, Newton-Bishop J, Timmons M, Cook M, Theaker J, Bliss JM, Thomas JM; UK Melanoma Study Group.; British Association of Plastic, Reconstructive and Aesthetic Surgeons.; Scottish Cancer Therapy Network. Lancet Oncol. 2016 Feb;17(2):184-92.

#### Merkel Cell Carcinoma

Feng, H., et al.. Clonal integration of a polyomavirus in human Merkel cell carcinoma. Science 2008;319(5866): 1096-1100.

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Faries, M. et al, Completion Dissection or Observation for Sentinel-Node Metastasis in Melanoma. <u>N Engl J</u> <u>Med.</u> 2017 Jun 8;376(23):2211-2222. doi: 10.1056/NEJMoa1613210.

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back to top



#### **Salivary Gland**

## Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with salivary gland cancer.

#### **Objective:** By the end of the fellowship, the fellow can:

- 1. Define the anatomy and distribution of the major and minor salivary glands
  - A. Outline the glandular make-up of the different types of salivary tissue, as well as the anatomy of the fundamental salivary unit
  - B. Define the innervation of the different major salivary glands
  - C. Describe the anatomy of the parapharyngeal space to include types of tumors are present in the pre-styloid versus post-styloid space
- 2. Perform a thorough examination of the head and neck, with emphasis on the major salivary glands and surrounding structures
- 3. Identify the most common locations for the development of salivary gland tumors and recognize examination findings that suggest malignancy
  - A. Recognize key relevant cranial nerve findings based on the location of the tumor
  - B. Recall signs of primary cutaneous malignancy in patients with carcinomas of the parotid gland that can be metastatic
- 4. Express the relative distribution of benign versus malignant salivary gland tumors
  - A. List the most common malignancies in the parotid, submandibular, sublingual and minor salivary glands as well as the overall most common salivary cancer
- 5. Outline the risk factors for developing certain salivary tumors (i.e. smoking for Warthin's tumors, Sjogren's disease for lymphoma, etc)
- 6. Define the difference from the reserve cell theory and multicellular theory of tumor development
- 7. Recognize the typical presentation of benign and malignant salivary tumors and certain signs and symptoms that might suggest a more aggressive behavior
- 8. Form a differential diagnosis for neck masses and salivary masses
- 9. Review the indications and limitations of fine needle aspiration and core needle biopsy for salivary gland masses
- 10. Plan a staging work up for malignant salivary lesions based on NCCN guidelines
- 11. Determine the need for additional imaging such as MRI, temporal bone imaging, chest imaging

A. State when to consider PET/CT

- 12. Stage different salivary malignancies accurately based on AJCC classification system
- 13. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient based on the NCCN guidelines.
  - A. For surgical patients, know when it is appropriate to consult additional services to assist with management (neuro-otology for aggressive parotid malignancies and/or those with complete facial paralysis, head and neck reconstructive surgeon, neurosurgery, if skull base involvement is present, maxillofacial prosthodontics, if palate resection is indicated)



- 14. Describe the indications and extent of dissection for elective lymphadenectomy in clinically node-negative salivary malignancies
- 15. Summarize the different approaches to identify and preserve the facial nerve during parotidectomy
- 16. Recognize when reconstruction is needed following resection of salivary gland cancers
  - A. Discuss the options for reconstruction: allografts, autografts (fat graft and dermal fat graft), regional muscle/myofascial and fasciocutaneous flaps (Superficial Myoaponeurotic System (SMAS), digastric, submental, supraclavicular, pectoralis, sternocleidomastoid muscle, occipital, lower island trapezius), and free flaps (anterolateral thigh, radial forearm, rectus abdominus, and latissimus)
- 17. Determine when a facial nerve drill-out and/or a lateral temporal bone resection is indicated
- 18. Recognize the utility of frozen section and its limitations in salivary gland tumor management
- 19. Perform core procedures in surgery on the salivary glands as defined by the curriculum, based on the attestation of the program director
- 20. Define indications for adjuvant therapy following surgery for salivary gland cancer based on staging, pathologic characteristics, operative findings, and the NCCN guidelines
- 21. Diagram and counsel patients about the current status of molecular testing and potential targeted therapy for salivary gland cancers
- 22. Recognize and manage common complications following parotid and neck surgery
- 23. For purposes of preoperative patient counseling:
  - A. Describe and discuss relative risks of transient and permanent facial nerve weakness following various extents of parotidectomy and for submandibular gland excision.
  - B. Counsel patients regarding additional risks: Frey's syndrome, first bite phenomenon, cutaneous sensory loss, and salivary fistula
- 24. Plan and execute appropriate course of action for treating surgical complications of salivary procedures, including the range of techniques available for facial reanimation
- 25. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable salivary lesions
- 26. Discuss and select appropriately the existent non-surgical options to treat salivary gland cancers and the different types of radiotherapy modalities that can be used in these lesions
  - A. Proton beam radiation for perineural spread and skull base involvement
  - B. Neutron beam radiation for adenoid cystic carcinoma and unresectable tumors
  - C. Role of chemotherapy in salivary gland cancer in accordance with NCCN guidelines
  - D. Role and availability of clinical trials
- 27. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of salivary gland cancer patients
- 28. Formulate an evidence based surveillance program for salivary cancer survivors based on established guidelines (such as those by the NCCN)
- 29. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work-up algorithm



## Process: By the end of fellowship the fellows have participated in a minimum number of salivary gland procedures based on the following list:

- 1. Parotidectomy
  - A. Superficial
  - B. Deep/total
- 2. Submandibular gland excision (can be part of a level 1 neck dissection)
- 3. Transcervical approach to the parapharyngeal space and infratemporal fossa
- 4. Transmandibular approach to the infratemporal fossa (if applicable)
- 5. Modified radical and/or radical lymphadenectomy
- 6. Parotid bed reconstruction, any technique
- 7. Primary nerve repair
- 8. Cable graft nerve repair in facial nerve injuries
- 9. Sublingual gland excision and excision of ranula

#### **Recommended Reading**

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#### **Oral Cavity**

#### Goal: By the end of fellowship, the fellows have reach proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of potentially malignant disorders and malignant oral cavity diseases.

#### **Objective:** By the end of the fellowship, the fellows can:

- 1. Describe the epidemiology of the oral cavity cancers based on different population and different subsites of the oral cavity.
- 2. List the major risk factors in development of oral cavity malignancies
- 3. Perform a thorough oncologic examination of oral cavity and neck
- 4. Differentiate between benign and malignant lesions of oral cavity
- 5. Formulate a diagnostic plan for lesions of oral cavity
- 6. Stage different oral cavity malignancies accurately based on AJCC classification system
- 7. Plan a staging work up for malignant lesions based on NCCN guidelines
- 8. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
- 9. Describe the indications for elective neck dissection and sentinel node biopsy in oral cavity malignancies
- 10. Describe the different types of neck dissection and the difference in technique, structures sacrificed or preserved and levels dissected in elective and therapeutic neck dissections
- 11. Recognize the indications for addressing the mandible and maxilla in oral cavity lesions
- 12. Differentiate between lesions which require marginal, segmental or hemi mandibulectomy
- 13. Formulate an appropriate diagnostic work up to assess the need for segmental vs. marginal vs. hemi mandibulectomy
- 14. Plan appropriate reconstruction options for oral cavity defects
- 15. Recognize lesions and defects that might require free tissue transfer reconstruction
- 16. Perform core procedures in oral cavity as defined by the curriculum, based on the attestation of the program director
- 17. Recommend appropriate adjuvant radiotherapy based on pathologic characteristics and operative findings
- 18. Describe the indications for adding chemotherapy to adjuvant radiotherapy in oral cavity malignancies.
- 19. Recognize common complications of oral cavity procedures
  - A. Orocutaneous fistula
  - B. Flap failure
  - C. Oral dysphagia
  - D. Pathologic fractures of mandible
  - E. Tethered tongue/dysarthria
  - F. Tongue numbness
- 20. Plan appropriate course of action for treating surgical complications of oral cavity procedures.



- 21. Utilize ancillary services such as nutrition, physical therapy and speech therapy appropriately in treatment planning and long term care of oral cavity patients
- 22. Formulate an evidence based surveillance program for oral cavity cancer survivors based on established guidelines (such as NCCN)
- 23. Recognize the common signs and symptoms of recurrent disease and second primary cancers; plan an appropriate work up plan
- 24. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable oral cavity lesions
- 25. Discuss the importance of the depth of invasion and the elective neck dissection
- 26. Describe the different approaches to the oral cavity

### Process: By the end of fellowship the fellows have participated in a minimum number of oral cavity procedures based on the following list:

- 1. Glossectomy
- 2. Marginal mandibulectomy
- 3. Segmental mandibulectomy and composite resections
- 4. Mandibulotomy and mandibulotomy repair
- 5. Lip resection
- 6. Maxillectomy
- 7. Neck dissection for oral cavity procedures
- 8. Floor of mouth resection
- 9. Reconstruction of oral cavity defect (skin graft, locoregional flaps, free tissue transfer)

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back to top



#### Nasopharynx

## Goal: By the end of the fellowship the trainees are proficient in diagnosis, principles of treatment, surveillance and management of complications of nasopharynx cancers.Objectives: By the end of the fellowship, the trainee will be able to:

- 1. Describe the epidemiology of the nasopharyngeal cancer and discuss the role of EBV.
- 2. Identify high risk population for nasopharyngeal carcinoma.
- 3. Recognize signs and symptoms of early stage and advanced stage nasopharyngeal cancer.
- 4. Formulate a diagnostic plan for diagnosis of suspected nasopharynx lesion:
  - a. Perform in office flexible nasopharyngoscopy.
  - b. Recognize suspicious lesion and recommend biopsy (in office or operative) in appropriate cases.
  - c. Formulate a comprehensive plan for assessment of cervical lymphadenopathy that include investigation of nasopharynx.
- 5. Recommend an appropriate, evidence based staging plan for newly diagnosed disease.
  - a. Recommend MRI in appropriate cases
  - b. Recommend PET Scan in appropriate cases
- 6. Stage nasopharyngeal disease based on the current AJCC staging system.
- 7. Recommend evidence based course of treatment based on the stage and current guidelines (NCCN)
- 8. Formulate a comprehensive plan for surveillance of nasopharyngeal cancers.
  - a. Discuss the role of EBV titers in surveillance.
- 9. Recognize common complications of treatment and formulate an appropriate investigative and therapeutic plan:
  - a. Osteoradionecrosis
  - b. Eustachian tube dysfunction
  - c. Hypothyroidism
- 10. Recognize suspicious signs of recurrence and formulate an appropriate plan for confirmation or ruling out of recurrence. Specifically discuss the role of:
  - a. Advanced imaging (MRI, PET)
  - b. Biopsy
- 11. Identify cases that could benefit from salvage surgery
- 12. Discuss findings of very advanced, surgically non-curable recurrent disease in imaging.



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#### Oropharynx

#### Goal: By the end of fellowship, the fellows have reach proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of oropharynx malignancies.

#### **Objective:** By the end of the fellowship, the fellows can:

- 1. Describe the epidemiology of oropharynx squamous cell carcinoma.
- 2. List the major risk factors in development of HPV-positive and HPV-negative squamous cell carcinoma.
- 3. Describe role of HPV in oropharynx cancer and understand
  - A. Risk factors for HPV related cancer
  - B. Immunization for HPV
  - C. Behaviors that are likely to transmit HPV
- 4. Compare and contrast the clinical presentation of HPV-positive and HPV-negative squamous cell carcinoma
- 5. Compare and contrast the relative prognosis for patients with HPV-negative OPC and HPVpositive OPC with or without a history of tobacco abuse
- 6. Perform a thorough oncologic examination of the oropharynx
- 7. Differentiate between benign and malignant lesions of oropharynx
- 8. Formulate a diagnostic plan for evaluation and staging of oropharynx lesions
  - A. Understand strategies for managing the unknown primary with suspected oropharynx primary site
- 9. Stage oropharyngeal tumors based on the most current AJCC staging system for HPV-positive and HPV-negative oropharynx cancer
- 10. Plan a staging work up for malignant oropharynx cancer based on NCCN guidelines
- 11. Formulate a treatment plan for various oropharynx malignancies (e.g., HPV+ and HPVsquamous cell carcinoma, mucoepidermoid carcinoma, etc.) based on the characteristics of the disease, staging and by taking into account the specific needs of the patient
  - A. Describe transoral approaches to the oropharynx, such as transoral laser microsurgery (TLM) and transoral robotic surgery (TORS)
    - 1) Describe and list the inside out anatomy required for safe surgery using these approaches
    - 2) Discuss limitations of each approach:
      - a. Tumor factors (e.g., involvement of medial pterygoid or mandible, tumor that would require sacrifice of both lingual arteries, tumor contiguous with neck disease, tumor abutting carotid artery, degree of soft palate involvement, etc.)
      - b. Exposure factors (e.g., trismus, OSA, narrow mandible/maxilla, etc.)
      - c. Anatomical limitations (e.g., retropharyngeal carotid)
    - 3) Discuss potential complications of transoral surgery and plan how to manage them
      - a. Prevention by ligation of vessels at the time of neck dissection (lingual, facial, superior thyroid)



- b. Management of airway in case of acute post-op bleed
- 12. Discuss management of neck disease in oropharynx cancer
  - A. Describe typical patterns of metastasis
  - B. Discuss issues in management of advanced neck disease: skin involvement, carotid involvement
  - C. Discuss management of retropharyngeal (Rouviere's) nodes
- 13. Describe the different types of neck dissection and the differences in technique, structures sacrificed or preserved and level dissected
- 14. Plan appropriate reconstruction for oropharynx defects
- 15. Recognize lesions and defects that might require free tissue transfer reconstruction
- 16. Perform core procedures in the oropharynx as defined by the curriculum, based on the attestation of the program director
- 17. Recommend appropriate evidence-based adjuvant treatments based on pathologic characteristics and operative findings
- 18. Describe the indications for adding chemotherapy to adjuvant external beam radiation in oropharynx malignancies
- 19. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of oropharynx cancer patients
- 20. Discuss the principles of IMRT for treatment of oropharynx cancer
  - a. List the common types of radiation therapy (IMRT, IMPT)
  - b. Discuss the typical doses for primary and adjuvant radiation therapy
  - c. Describe the common radiated fields: primary tumor bed, ipsilateral and contralateral neck and retropharyngeal nodes
- 21. List open approaches to the oropharynx, describe potential complications and how to manage them
  - A. Mandible split: median and lateral
  - B. Transhyoid
  - C. Composite resection of retromolar trigone and mandible for tumors that extend to mandible
- 22. Recognize the indications for addressing the mandible in oropharynx lesions and formulate an appropriate diagnostic work up to assess the need for segmental mandibulectomy
- 23. Plan appropriate course of action for treating surgical complications of oropharynx procedures (e.g., bleeding, fistula, aspiration, etc.)
- 24. Describe functional issues that may arise from oropharynx cancer treatment and ways to treat or prevent these
  - A. Trismus
  - B. Hypernasality and velopharyngeal insufficiency (VPI)
  - C. Cricopharyngeus dysfunction/stricture
  - D. Late dysphagia and aspiration following primary CRT
- 25. Describe late complications of primary CRT for treatment of oropharynx cancer
- 26. Compare and contrast immunohistochemistry (IHC) for p16 with in situ hybridization (ISH) for HPV DNA



- 27. Compare and contrast cisplatin versus cetuximab with regard to limitations and typical toxicities when used to treat oropharynx cancer
- 28. Formulate an evidence based surveillance program for oropharynx cancer survivors based on established guidelines (such as NCCN)
- 29. Recognize the common signs and symptoms of recurrent oropharynx cancer and plan an appropriate work up
- 30. Discuss and recommend appropriate management of distant metastatic disease for both HPV+ and HPV- oropharynx squamous cell carcinoma.
- 31. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable oropharynx lesions
- 32. Discuss the concept of de-escalation of therapy and the status of ongoing clinical trials to evaluate the safety and efficacy of different de-escalation protocols in management of HPV-positive OPC

### Process: By the end of fellowship the fellows have participated in a minimum number of oropharynx procedures based on the following list:

- 1. Open approaches to oropharynx including mandibulotomy and mandibulotomy repair
- 2. Transoral approaches for resection of oropharynx malignancies (TLM or TORS)
- 3. Segmental mandibulectomy and composite resections
- 4. Neck dissection procedures for oropharynx cancer
- 5. Reconstruction of oropharynx defects (locoregional flaps, free tissue transfer)

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back to top



#### Larynx

#### Goal: By the end of fellowship, the fellow should be proficient in the diagnosis, management and surveillance of patients with cancer of the larynx.

#### **Objective:** By the end of the fellowship, the fellow can:

- 1. Define the anatomic subsites of the larynx and the associated tumor characteristics to include metastatic spread, at risk nodal basins, and disease free/overall survival rates
- 2. Describe the epidemiology of laryngeal squamous cell carcinoma
- 3. Perform an appropriate history for a patient presenting with throat complaints such as dysphagia, throat pain or otalgia, dysphonia, and/or dyspnea
- 4. Perform a thorough oncologic examination of the larynx via flexible nasolaryngoscope with and without stroboscopy, and operative endoscopy
- 5. Formulate a diagnostic plan for benign and malignant lesions of the larynx
- 6. Plan a staging work up for malignant laryngeal lesions based on NCCN guidelines
- 7. Stage laryngeal malignancies accurately based on AJCC classification system
- 8. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
  - A. Describe the different open partial laryngectomy procedures and what tumor and patient characteristics would impact this decision (prior therapy, underlying lung disease, tumor extent, prior surgery, etc)
  - B. Describe the different endoscopic approaches to laryngeal tumors (Transoral laser microsurgery, including fundamentals of laser surgery/laser safety, Transoral robotic surgery)
  - C. Discuss and compare the oncologic outcomes of surgical versus non-surgical treatment approaches for both early and advanced laryngeal malignancies
- 9. Discuss and compare the functional outcomes of surgical versus non-surgical treatment approaches for both early and advanced laryngeal malignancies
- 10. Recognize the patterns of spread of laryngeal tumors and the implications on surgical treatment planning (including lymphatic drainage and regional metastatic potential for the various subsites and degrees of tumor progression)
- 11. Describe the rationale for upfront total laryngectomy versus organ preservation approaches for treatment of stage III/IV advanced laryngeal cancer
- 12. Interpret clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable laryngeal lesions
- 13. Recommend an appropriate surgical approach, when applicable, for excision of laryngeal tumors
  - A. Intraoperative airway management options
  - B. Postoperative airway plan
- 14. Plan appropriate reconstruction for laryngeal resection defects including those that require vascularized regional or free tissue transfer reconstruction
- 15. List the options for voice rehabilitation following total laryngectomy



- 16. Perform core procedures in larynx as defined by the curriculum, based on the attestation of the program director
- 17. Recommend appropriate adjuvant treatments based on pathologic characteristics and operative findings
- 18. Recognize common complications of laryngeal procedures
- 19. Plan appropriate course of action for treating surgical complications of laryngeal surgery, including salivary fistula management, airway considerations, and swallowing dysfunction
- 20. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of laryngeal cancer patients
- 21. Formulate an evidence based surveillance program for laryngeal cancer survivors based on established guidelines (such as NCCN)
- 22. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up
- 23. Describe the reconstructive options of the pharynx following total laryngectomy, partial or total pharyngectomy

### Process: By the end of fellowship, the fellows have participated in a minimum number of laryngeal subsite procedures based on the following list:

#### **Open Procedures:**

- 1. Partial laryngectomies
  - A. Open: vertical hemilaryngectomy, supraglottic laryngectomy, supracricoid laryngectomy)
  - B. Transoral: Robotic; laser
- 2. Total laryngectomy with or without partial pharyngectomy
- 3. Total laryngopharyngectomy
- 4. Total laryngectomy with total glossectomy
- 5. Neck dissection for laryngeal tumors
- 6. Direct laryngoscopy with biopsy
- 7. Tracheoesophageal puncture procedure with or without cricopharyngeal myotomy
- 8. Zenker's diverticulum repair (endoscopic; open).
- 9. Endoscopic Zenker's diverticulum repair

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back to top



#### **Tracheal Disease**

## Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis and management for patients with tracheal neoplasms or stenosis.

#### **Objective:** By the end of the fellowship, the fellow can:

- 1. Describe the anatomy of the cervical and thoracic trachea and immediately surrounding structures
  - A. Outline the blood supply of the trachea
  - B. Identify the relative location of surrounding structures including the recurrent laryngeal nerves, the cervical and thoracic esophagus, the innominate artery, the thyroid gland, and larynx
- 2. Recognize the typical presentation history of different tracheal pathologies and aspects that are important in their history
  - A. History of prior intubation or tracheostomy
  - B. History of systemic inflammatory or autoimmune disease
  - C. Recognize the importance of any smoking history or history of prior thyroid cancer diagnosis
- 3. Develop a differential diagnosis for stenosis of the trachea and subglottis
- 4. Develop a differential diagnosis for a tracheal tumor
  - A. List the most common benign tumors.
  - B. List the most common malignant tumors.
- 5. Describe the appropriate initial office evaluation of tracheal pathology
- 6. Formulate an appropriate plan for imaging and laboratory work up for patients with tracheal pathology
- 7. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable tracheal lesions and to develop a treatment plan for benign tracheal diseases
- 8. Stage tracheal tumors accurately based on TNM staging system for tracheal malignancies
- 9. Outline indications for when to consult additional services including thoracic surgery, pulmonology, rheumatology, and radiation or medical oncology
- 10. Outline a plan for airway management in individuals who may require a diagnostic bronchoscopy and/or surgical intervention of the trachea
  - A. Describe the indications for jet ventilation and its contraindication.
  - B. Describe intermittent apnea use in appropriate cases.
  - C. Describe the potential advantages and disadvantages of tracheostomy in patients with tracheal pathology
- 11. Outline options for surgical management of:
  - A. Narrow segment tracheal stenosis
    - i. Options for endoscopic management
      - 1. Utilized appropraite adjuncts at the time of dilation (steroid injection, cryotherapy, mitomycin C)
      - 2. Describe and plan appropriate cautuions during use of CO2 laser.
    - ii. Compare advantages of dilation versus segmental resection and repair



- B. Long segment tracheal stenosis
- C. Cervical tracheal tumors
- D. Thoracic tracheal tumors
- E. Thyroid tumors invading into the trachea
  - i. Discuss indications for laryngectomy versus tracheal resection and reconstruction

#### 12. Describe the basis fundamentals of tracheal surgery

- A. Dissection techniques to avoid disruption of vascularity
- B. Techniques to minimize stenosis following segmental tracheal resection and reanastomosis
- C. Options for mobilization of the trachea
  - i. Anterior tracheal dissection
  - ii. Suprahyoid release
  - iii. Infrahyoid release
  - iv. Release of the inferior pulmonary ligament
  - v. Bronchial re-implantation
- 13. List and describe the different types of tracheal stents, tracheostomy tube options, and T-tubes that can be used as well as their indications and advantages and disadvantages
- 14. Formulate an appropriate plan for peri-operative management following a segmental tracheal repair
  - A. Use of Grillo sutures
  - B. Nasogastric tube to minimize laryngeal elevation with swallowing
  - C. Voice rest
- 15. Perform core procedures in surgery on the trachea, including open tracheostomy and rigid and flexible bronchoscopy, including removal of an airway foreign body
- 16. Recognize common complications of following tracheal surgery and describe how to manage:
  - A. Tracheostomy tube dislodgement or occlusion
  - B. Low volume hemoptysis
  - C. High volume hemoptysis
  - D. Tracheal granulation tissue
  - E. Recurrent tracheal stenosis
- 17. Plan appropriate course of action for treating surgical complications of tracheal surgery.
- 18. State what non-surgical options there are to treat inflammatory tracheal lesions as well as tracheal malignancies
- 19. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up plan.

## Process: By the end of fellowship, the fellows have participated in a minimum number of tracheal procedures based on the following list:

- 1. Rigid bronchoscopy with or without biopsy or foreign body removal
- 2. Flexible bronchoscopy
- 3. Open tracheostomy
- 4. Tracheal resection and re-anastomosis



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#### Hypopharynx

## Goal: By the end of fellowship, the fellow will reach proficiency in fund of knowledge, as well as skills and attitudes in diagnosis, surgical management and surveillance of malignant hypopharyngeal diseases.

#### **Objective:** By the end of the fellowship, the fellow can:

- 1. Perform an appropriate history for a patient presenting with throat complaints such as dysphagia, throat pain or otalgia, dysphonia, and/or dyspnea
- 2. Perform a thorough oncologic examination of the larynx and pharynx via flexible nasolaryngoscope with and without stroboscopy, and operative endoscopy
- 3. Formulate a diagnostic plan for benign and malignant lesions of the hypopharynx
  - A. At the time of endoscopy with biopsy, the fellow should recognize what areas to evaluate specific to the primary tumor and nodal disease (mobility of the larynx to assess for involvement of prevertebral fascia, extension to the cervical esophagus, extension below the level of the thoracic inlet, nodal disease)
  - B. Discuss the role of different imaging modalities (i.e. PET/CT scan, MRI with gadolinium, CT scan w/contrast) for treatment planning of hypopharyngeal carcinoma and select the appropriate modality.
- 4. Plan a staging work-up for malignant hypopharyngeal lesions based on NCCN guidelines
- 5. Stage hypopharyngeal malignancies accurately based on AJCC classification system
- 6. Formulate a treatment plan for patients with hypopharyngeal cancer based on the characteristics of the disease and specific needs of the patient
- 7. Outline the functional outcomes of surgical versus non-surgical treatment approaches for both early and advanced hypopharyngeal malignancies
- 8. Describe the patterns of spread of hypopharyngeal tumors and the implications on surgical treatment planning (including submucosal spread, skip lesions, lymphatic drainage)
- 9. Recommend an appropriate surgical approach, when applicable, for excision of hypopharyngeal tumors
- 10. Discuss the role of transoral robotic surgery in the management of early staged hypopharyngeal carcinoma and recommend TORS in appropriate cases
- 11. Plan appropriate reconstruction for hypopharyngeal defects including those that require vascularized tissue transfer reconstruction. Select pedicled flaps versus free flaps versus gastric pull-up based on the defect and patient characteristics
- 12. Perform core procedures in hypopharynx as defined by the curriculum, based on the attestation of the program director
- 13. Discuss the role of total laryngectomy for both oncologic and functional purposes when planning hypopharyngeal resection
- 14. Describe the different options for voice rehabilitation following total laryngopharyngectomy (or laryngopharyngoesophagectomy) with reconstruction and how these might differ from patients who had a total laryngectomy alone
- 15. Recommend appropriate adjuvant treatments based on pathologic characteristics and operative findings



- 16. Recognize common complications of hypopharyngeal procedures
- 17. Plan appropriate course of action for treating surgical complications of hypopharyngeal surgery, including salivary fistula and pharyngoesophageal stenosis management
- 18. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of hypopharyngeal cancer patients
- 19. Formulate an evidence based surveillance program for hypopharyngeal cancer survivors based on established guidelines (such as NCCN)
- 20. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up
- 21. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable hypopharyngeal lesions

### Process: By the end of fellowship, the fellows have participated in a minimum number of hypopharyngeal subsite procedures based on the following list:

- 1. Partial pharyngectomy (lateral pharyngotomy, transhyoid, transoral robotic or TLM approach)
- 2. Total laryngectomy with partial pharyngectomy
- 3. Total laryngopharyngectomy
- 4. Neck dissection for hypopharyngeal tumors

### By the end of fellowship, the fellows have familiarity with hypopharyngeal site procedures based on the following list:

- 1. Hypopharyngeal reconstruction with free or pedicled flaps
- 2. Cervical esophagectomy or total esophagectomy with gastric pull-up procedure or visceral interposition

#### **Recommended Reading**

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#### **Skull Base**

# Goal: At the completion of the fellowship experience, the trainee should demonstrate a fundamental level of knowledge regarding the evaluation and management of patients with neoplasms of the skull base, cranium, and adjacent areas and master basic diagnostic and surgical skills as it relates to the evaluation and management of skull base tumors.

#### **Objective:** By the end of the fellowship, the fellows can:

- 1. List the risk factors for developing certain sinonasal malignancies and common presenting symptoms of such tumors
- 2. Describe the biologic behavior of benign sinonasal and skull base lesions
- 3. Describe the biologic behavior and natural history of malignant sinonasal and skull base neoplasms
- 4. Perform a comprehensive history and physical examination for a patient with a suspected sinonasal or skull base neoplasm
  - A. Elicit history of prior surgery or trauma
  - B. Evaluate for loss of cranial nerve function
- 5. Outline an appropriate plan for additional work-up for skull base lesions including what imaging and/or laboratory tests should be performed
  - A. Interpret radiographs to identify anatomical landmarks and develop differential diagnosis
  - B. Interpret tests and laboratory studies:
    - 1) Cerebrospinal fluid
    - 2) Pituitary function
    - 3) Visual fields
- 6. Stage sinonasal tumors accurately based on AJCC classification or other relevant classification systems
- 7. Develop a treatment algorithm for malignant sinonasal neoplasms
- 8. Discuss the role of non-surgical therapy as well as adjuvant radiation and chemotherapy
- 9. Identify key anatomical landmarks of the sinonasal cavity and skull base
- 10. Identify the neurovascular anatomy of the sinuses, skull base and orbit
- 11. Describe the anatomy of the scalp layers and reconstructive flaps
- 12. Describe the sequence of steps for craniofacial resection of the anterior cranial base
- 13. Describe and discuss the concepts of craniofacial disassembly (osteotomies) for access to the anterior and lateral skull base
- 14. Compare different approaches to the skull base
- 15. Recognize the potential need for consulting serves to include neurosurgery, ophthalmology, and neuro-otology in treatment planning
- 16. Perform core procedures in skull base surgery as defined by the curriculum, based on the attestation of the program director
  - A. Demonstrate ability to perform surgical procedures (surgical simulation):



- 1) External frontal sinusotomy
- 2) Pericranial scalp flap
- 3) Temporalis muscle transposition
- 4) Orbital exenteration
- 5) Medial maxillectomy (external and endonasal approaches)
- 6) Nasoseptal flap
- 17. Provide postoperative care in hospital
  - A. Recognize and manage neurological complications
    - 1) Describe management of postoperative cerebrospinal fluid leak
    - 2) Identification of signs and symptoms of increased intracranial pressure that could be caused by pneumocephalus and/or intracranial hemorrhage
    - 3) Perform appropriate diagnostic tests
- 18. Provide postoperative care in clinic
  - A. Remove nasal packing and splints
  - B. Debride nasal crusting
  - C. Assess for cerebrospinal fluid leak
- 19. Develop a plan for disease surveillance and survivorship for patients with skull base lesions using established guidelines (such as the NCCN)

#### **Recommended Reading**

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#### Head and Neck Paragangliomas

## Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the evaluation and management of patients with head and neck paragangliomas.

#### **Objective:** By the end of the fellowship, the fellow can:

- 1. List the most common head and neck paragangliomas and describe the relevant epidemiology of these tumors
- 2. Discuss the frequency of tumors that are malignant and bilateral
- 3. Describe the histologic make up of paragangliomas and how to determine if a paraganglioma is benign or malignant
- 4. Perform a thorough history and physical examination of head and neck
  - A. List the risk factors for developing paragangliomas
  - B. Elicit aspects of the history that may raise suspicion for a secretory tumor
  - C. Perform a detailed family history and identify familial syndromes that may be related to head and neck paragangliomas
  - D. Perform a relevant cranial nerve examination based on the location of the tumor
  - E. Evaluate for other tumors and/or associated lymphadenopathy
  - F. Perform fiberoptic laryngoscopy to assess for vocal fold mobility and laryngeal sensation
- 5. Choose the appropriate imaging work-up to complete evaluation of the primary tumor and to assess for multifocal tumors
- 6. Establish an appropriate differential diagnosis for vascular tumors of the head and neck
- 7. Select the appropriate tests to evaluate candidacy for carotid resection and vascular reconstruction
  - A. What is the false negative rate of this test? (10% stroke risk even following a successful balloon occlusion test)
  - B. What are options for vascular reconstruction and what additional tests may be needed (saphenous vein mapping)
- 8. Select the necessary tests to evaluate for secreting tumors in patients with a concerning history
- 9. Cite the different staging systems used to classify carotid body and jugular foramen/tympanic paragangliomas
- 10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
  - A. What are the treatment options: observation, surgical, external beam radiation, stereotactic radiosurgery, and palliation
  - B. For surgical patients, know when it is appropriate to consult additional services to assist with management [neuro-otology for tumors involving the temporal bone or lateral skull base, vascular surgery, neurosurgery (if skull base involvement is present), speech and swallowing therapy]
- 11. Describe the options for surgical approaches for carotid body, jugular foramen, tympanic, and vagal paragangliomas



- 12. Discuss points relevant to providing informed consent for such surgeries
- 13. Determine an appropriate surveillance regimen for individuals being managed with observation and what would be an indication to consider treatment
- 14. Recall the different genetic syndromes that may be associated with head and neck paragangliomas and when a genetics consult is indicated
  - A. What is the frequency of genetic mutations in these tumors?
  - B. What is the most common family of genes that are affected in patients with head and neck paragangliomas
- 15. Recognize the significance of bilateral tumors and how that impacts treatment decision planning and patient counseling
- 16. Perform core surgical procedures on neck paragangliomas as defined by the curriculum, based on the attestation of the program director
- 17. Recognize indications for adjuvant therapy following surgery for head and neck paragangliomas based on pathologic characteristics and operative findings
- 18. Recognize common complications head and neck paraganglioma surgery
- 19. Plan appropriate course of action for treating surgical complications of head and neck paraganglioma procedures
- 20. Utilize ancillary services such as speech therapy appropriately in treatment planning and long term care of patients suffering from head and neck paragangliomas
- 21. Formulate an evidence based surveillance program for head and neck paraganglioma survivors
- 22. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up

### Process: By the end of fellowship the fellows have participated in a minimum number of surgical approaches/procedures based on the following list:

- 1. Transcervical approach to the parapharyngeal space and infratemporal fossa
- 2. Transmandibular approach to the infratemporal fossa
- 3. Preauricular approach to the jugular foramen (with or without associated mastoidectomy)
- 4. Resection of head and neck paraganglioma

#### Recommended reading for head and neck paragangliomas

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back to top



### Neck

#### Goal: By the end of fellowship, the fellows have reach proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of the neck in patients with unknown primary, thyroid, cutaneous, salivary gland and mucosal upper aerodigestive tract malignancies.

#### **Objective:** By the end of the fellowship, the fellows can:

- 1. Describe the anatomy of the neck echelons using radiological and surgical landmarks
- 2. Describe the biologic cascade of events involved in the development of a cervical lymph node metastasis
- 3. Develop an evidence-based algorithm for the management of a neck mass including differential diagnosis, investigations and when a surgical resection for diagnosis may be required
- 4. Perform a thorough neck examination
- 5. Stage the neck for unknown primary/oropharynx cancers clinically and pathologically based on the current AJCC classification system
- 6. Describe nodal staging for other head and neck cancers based on the AJCC classification system
- 7. Recognize the indications for PET-CT, to include sensitivity and specificity in the assessment of a cancer of unknown primary, and the importance of the timing of the scan
- 8. Upon performing an excisional lymph node biopsy, develop an algorithm for the use of frozen section pathology and how this might impact the remainder of the procedure
- 9. Develop a thorough understanding of the incidence of cervical lymph node metastasis by primary tumor site and size
  - A. Oral cavity
    - 1) oral tongue
    - 2) floor of mouth
    - 3) maxillary alveolus and hard palate
    - 4) buccal mucosa
  - B. Oropharynx
    - 1) tonsillar fossa
    - 2) base of tongue
    - 3) soft palate
    - 4) pharyngeal wall
  - C. Nasopharynx
  - D. Hypopharynx
  - E. Larynx
    - 1) supraglottis
    - 2) glottis
  - F. Major salivary glands
  - G. Thyroid
  - H. Cutaneous
- 10. Describe the different types of neck dissection and the difference in technique, structures sacrificed or preserved and level dissected



- A. Selective
- B. Modified Radical
- C. Radical
- 11. Describe the drainage patterns of different tumors sites to include cutaneous, oral cavity, nasopharynx, oropharynx, hypopharynx, and larynx
- 12. Recognize when bilateral metastases are a concern and recommend appropriate treatment
- 13. Recognize when the parotid bed is an at risk nodal basin warranting parotidectomy in conjunction with a formal neck dissection
- 14. Discuss when a central neck dissection is indicated for thyroid cancer
- 15. Discuss when a lateral neck dissection is indicated for thyroid cancer and which levels should be dissected and select appropriate neck treatment
- 16. Describe nodal staging for thyroid cancers based on the AJCC classification system
- 17. Describe and list the indications for neck dissection and levels of dissections for salivary gland malignancies
- 18. Describe and list the indications for neck dissection and levels of dissections for non-melanoma cutaneous malignancies of the head and neck (including lip)
- 19. Develop an understanding of the indications, risks and benefits of sentinel lymph node biopsy and completion lymphadenectomy in the management of head and neck melanoma with specific reference to:
  - A. MSLT 1
  - B. MSLT 2
- 20. Describe the current indications for adjuvant treatment based on pathologic nodal staging and operative findings and recommend appropriate adjuvant treatment
- 21. Recognize neck defects requiring regional and free flap reconstruction
  - A. auriculectomy/parotidectomy
  - B. radical neck dissection
  - C. salvage neck
- 22. Consent a patient for neck dissection with appropriate recognition of associated risks and complications
- 23. Recognize and manage common complications of neck dissection
- 24. Recognize the common signs and symptoms of recurrent regional disease and plan an appropriate work up
- 25. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable adenopathy

# Process: By the end of fellowship the fellows have participated in a minimum number of neck procedures based on the following list:

- 1. Open Neck Biopsy
- 2. Selective Neck Dissection (Supraomohyoid I-III; with and without level IIb)
- 3. Selective Neck Dissection (Lateral II-IV; with and without level IIb)



- 4. Selective Neck Dissection (Posterolateral II-V) with dissection of CN XI in the posterior triangle
- 5. Posterior lateral neck dissection (to include suboccipital and retroauricular nodes)
- 6. Modified Radical Neck Dissection (Types I, II, III)
- 7. Radical Neck Dissection (familiarity with sacrifice of CN XI, SCM, IJV)
- 8. Sentinel Lymph Node Biopsy

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## Thyroid

# Goal: By the end of fellowship, the fellows have attained a proficient level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of benign and malignant diseases of the thyroid gland Objectives: After completing directed reading and educational activities in head and neck

- fellowship, the trainee will be able to:
  - 1. Outline the embryology and anatomy of the thyroid and parathyroid glands
    - A. Describe the histologic appearance of normal thyroid tissue and the components of a thyroid follicle
    - B. Recognize the relationship of critical adjacent structures such as the recurrent and superior laryngeal nerves, as well as the relationship with the superior and inferior parathyroid glands
    - C. Predict when a non-recurrent laryngeal nerve may occur
  - 2. Perform a complete history of a patient with suspected thyroid disease
    - A. Hyper and hypothyroid symptoms
    - B. Impact on voice and swallowing and/or dyspnea and hemoptysis
    - C. Describe the epidemiology of benign and malignant diseases of the thyroid gland.
    - D. List the risk factors for thyroid nodules and thyroid cancer including a history of prior neck surgery or radiation
    - E. Family history of thyroid cancer or multiple endocrine neoplasia
- 3. Perform a thorough oncologic examination of head and neck, with emphasis on the thyroid gland, the at-risk lymph node basins and the surrounding laryngotracheal complex
  - A. Perform fiberoptic laryngoscopy
- 4. Outline the initial next steps in evaluating patients with thyroid nodules based on the ATA Guidelines
  - A. Laboratory work-up
  - B. Ultrasound
    - 1) Describe the ultrasonographic risk stratification of a thyroid nodule and indications for fine needle aspiration
  - C. Describe the Bethesda Classification for the cytologic interpretations of thyroid lesions
  - D. Indications for molecular testing of indeterminate thyroid FNA specimens
- 5. Form a differential diagnosis of thyroid lesions based on the findings of this initial work up
- 6. Formulate non-surgical and surgical treatment options for a benign thyroid nodule
- 7. Recognize the typical presentation of benign or malignant thyroid tumors and certain signs and symptoms that might suggest a more aggressive behavior
  - A. Understand how your approach may differ for rapidly growing thyroid lesions
  - B. Outline an approach to airway management in individuals with suspected anaplastic thyroid cancer
- 8. Stage different thyroid malignancies accurately based on AJCC classification system



- 9. Recognize when to consider additional work up
  - A. Indications for CT of the chest, MRI and/or PET CT
  - B. Panendoscopy
- 10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
  - A. What are the treatment options: surgical, nonsurgical, palliation
  - B. For surgical patients, plan appropriately to consult additional services to assist with management (Thoracic surgery for significant substernal involvement, tracheal involvement and/or esophageal involvement)
  - C. Develop a plan for a pregnant patient with a newly diagnosed well differentiated thyroid cancer
  - D. Outline a treatment algorithm for a patient with MEN 2a or 2b without evidence of a thyroid lesion
- 11. List the indications for elective neck dissection in N0 thyroid malignancies and how this might differ based on primary disease pathology
- 12. Outline an appropriate management strategy for patients with N+ disease
- 13. Outline the risks of primary and revision surgery for thyroid malignancies
- 14. Discuss the benefits and limitations of recurrent laryngeal nerve monitoring
- 15. Describe and perform the different approaches to identify and preserve the recurrent and superior laryngeal nerve during central neck surgery
  - A. Recognize when to consider resection of an involved recurrent laryngeal nerve
  - B. Outline an approach to rehabilitation of a patient needing recurrent nerve resection or suffering from a nerve injury
    - 1) Primary repair
    - 2) Cable graft
    - 3) Ansa to distal nerve repair
    - 4) Secondary approaches to vocal fold paresis and paralysis
- 16. Incorporate endocrinology in the multidisciplinary care of benign and malignant thyroid diseases
- 17. Perform core procedures in surgery on the thyroid gland as defined by the curriculum, based on the attestation of the program director
- 18. Identify the classic histopathologic findings for papillary thyroid cancer, follicular thyroid cancer, medullary thyroid cancer, anaplastic thyroid cancer, and thyroid lymphoma
- 19. Discuss indications for adjuvant therapy following surgery for thyroid cancer based on staging, pathologic characteristics, operative findings, and post-surgical imaging (radioactive iodine scan) and recommend adjuvant treatments when appropriate
  - A. When is RAI indicated
  - B. When to consider external beam radiation therapy
  - C. What options exist for recurrent and metastatic disease
    - 1) Additional surgery
    - 2) Additional RAI
    - 3) Tyrosine kinase inhibitors
- 20. Describe and discuss the current status of molecular testing of thyroid cancers
- 21. Recognize common complications of following thyroid and lateral neck surgery



- 22. Plan appropriate course of action for treating surgical complications of thyroid procedures
- 23. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable thyroid lesions
- 24. Discuss and recommend non-surgical options in the treatment of thyroid cancers
- 25. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of thyroid cancer patients
- 26. Formulate an evidence based surveillance program for thyroid cancer survivors based on established guidelines (such as NCCN)
  - A. Appropriately use these tests in surveillance:
    - 1) TSH, Tg, Anti-Tg Ab
    - 2) Neck ultrasound
    - 3) When to consider chest imaging and/or PET/CT (for non-avid well differentiated thyroid cancer or for medullary and anaplastic thyroid cancer)
- 27. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up plan

# Process: By the end of fellowship the fellows have participated in a minimum number of thyroid procedures based on the following list:

- 1. Thyroidectomy, lobectomy and total
- 2. Central neck dissection
- 3. Lateral neck dissection
- 4. Upper aerodigestive tract resection as a part of ablative procedure for thyroid cancer
- 5. Laryngotracheal reconstruction
- 6. Parathyroid autotransplantation
- 7. Goiter surgery transcervical and transsternal
- 8. Intraoperative nerve monitoring

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## Parathyroid

Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with primary, secondary and tertiary hyperparathyroidism.

#### **Objective:** By the end of the fellowship the graduate is able to:

- 1. Describe the embryologic origin and development of the superior and inferior parathyroid glands and detail their anatomic relationship to the recurrent laryngeal nerve
- 2. Describe how embryology influences the location of the superior and inferior parathyroid glands including common ectopic (and supernumerary) locations
- 3. Describe the physiologic cycle of PTH production, half-life and explain its clinical significance
- 4. Describe the role of PTH and its physiologic actions on the various organ systems specifically bones, kidneys and intestinal system
- 5. Describe the mechanisms behind calcium and phosphate homeostasis, and the role of Vitamin D
- 6. Identify the histopathologic differences between normal parathyroid gland, carcinoma, adenoma and hyperplasia
- 7. Perform a complete history and physical exam of a patient with hyperparathyroidism
  - A. symptoms including bone pain, fatigue etc
  - B. family history, including MEN syndrome
  - C. medication history including diuretics
  - D. renal calculi and calcinosis
  - E. prior neck/parathyroid surgery
  - F. rule in/out MEN syndrome, referral for genetic counseling/testing when indicated
    - G. perform flexible laryngoscopy
- 8. Plan a diagnostic workup for patients presenting with suspected primary hyperparathyroidism
  - A. Preoperative PTH and calcium levels
  - B. Role of dexa scan
  - C. Role of 24-hr urinary calcium and creatinine, rule out FHH
  - D. Vitamin D levels
- 9. Discuss in detail the scope and limitations/sensitivity and specificity of the radiologic investigations available for localization and select the appropriate study based on patient and disease characteristics
  - A. Ultrasound (surgeon vs radiologist-performed)
  - B. Tc99 Sestamibi and SPECT/CT fusion
  - C. MRI
  - D. 4-D CT
- 10. List the indications for surgery in patients with hyperparathyroidism (symptomatic and asymptomatic) and formulate an appropriate surgical plan based on national guidelines
- 11. Appropriately treat Vitamin D deficiency
- 12. Discuss the role of intraoperative recurrent laryngeal nerve monitoring
- 13. Discuss how to utilize intraoperative PTH monitoring as a measure of success of surgery



- 14. Discuss the surgical management of solitary adenoma vs four gland hyperplasia, and identify which patients are candidates for a minimally invasive/unilateral approach
- 15. Discuss the role of parathyroid auto-transplantation and cryopreservation and perform these procedures in appropriate patients
- 16. Identify secondary hyperparathyroidism patients appropriately and plan treatment accordingly
- 17. Identify patients with tertiary hyperparathyroidism/ESRD who are candidates for parathyroid surgery and formulate an appropriate surgical plan with regards to the extent of surgery
- 18. Counsel patients regarding the possibility of surgical failure and the need for reoperation in the future
- 19. Formulate an appropriate work up in patients who are candidates for re-operative parathyroid surgery including:
  - A. Review and discussion of prior operative reports and previous pathology
  - B. Select appropriate imaging modalities
  - C. Discuss the role of invasive techniques such as selective venous sampling and arteriography
  - D. Utilize Intraoperative FNA, PTH wash and frozen section control
  - E. Select lateral vs central approach
  - F. Discuss radio-guided parathyroid surgery and offer this technique in appropriate cases
- 20. Discuss the aggressive nature of parathyroid carcinoma and its surgical management
- 21. Recognize the clinical signs suspicious for diagnosis of parathyroid carcinoma
- 22. Describe the setup and instruments required for endoscopic parathyroid surgery
- 23. Discuss and recommend non-surgical options available to patients who are not surgical candidates or who elect to defer surgery
  - A. Bisphosphonates
  - B. Calcimimetics
  - C. Ethanol ablation
- 24. Recognize the importance of multimodality management of parathyroid disease and establish working relationship with endocrinologist in management of parathyroid disease

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### Microvascular Reconstruction

Goal:	At the completion of the fellowship experience, the trainee should demonstrate
	understanding of the functional and cosmetic consequences of the full array of soft
	tissue and bony defects of the head and neck. The fellow should be able to identify
	defects that are appropriate for advanced reconstructive procedures with an aim to
	collaborate with head and neck reconstructive surgeons for joint care of patients.
<b>Objectives:</b>	After completing directed reading and educational activities in head and neck
	fellowship, the trainee will be able to:

#### **General Reconstructive Principles:**

- 1. Anticipate surgical defects based on pre-operative physical exam and imaging characteristics
- 2. Describe and discuss general reconstructive goals for head and neck defects, including functional restoration, durability, optimal aesthetics, limited donor site morbidity, and quality of life enhancement
- 3. Indicate how these goals are impacted by various reconstructive approaches
- 4. Recognize the importance of patient-specific goals in the process of reconstructive planning
- 5. Describe the reconstructive ladder for the following defects:
  - A. Oral cavity
    - 1) Hemiglossectomy
    - 2) Floor of mouth defect without bone resection
    - 3) Total/subtotal glossectomy
    - 4) Anterior mandible resection
    - 5) Lateral mandible resection
    - 6) Through and through resection (mandible resection with associated mucosal and skin defects)
    - 7) Subtotal lip defects
  - B. Oropharyngeal
  - C. Total laryngectomy
  - D. Laryngopharyngectomy
  - E. Infrastructure maxillectomy
  - F. Total maxillectomy including orbital floor, with orbit preservation
  - G. Total maxillectomy with orbital exenteration
  - H. Resection of anterior skull base
  - I. Total parotidectomy defect with or without facial nerve resection
- 6. Outline necessary pre-operative evaluations needed to assess candidacy for certain free flap donor sites
  - A. Allen's test
  - B. Lower extremity MRA/CTA or Doppler evaluation for 3-vessel run off
  - C. Assessment of foot neurovascular status
- 7. Discuss the relative importance of nutrition in reconstruction; identify methods to optimize nutrition prior to advanced reconstructive surgery
- 8. Describe the angiosome concept and and discuss how it impacts flap selection and design
- 9. Prepare various recipient vessels (including internal mammary vessels)



- 10. Perform accurate, efficient and durable microvascular anastomoses; design pedicle geometry to maximize flap survival. Have the ability to perform hand-sewn venous anastomosis including end-to-side orientation
- 11. List signs of vascular (arterial and/or venous) compromise after flap reconstruction; describe methods for flap monitoring and recall the pros, cons, and practical utility of each approach
- 12. Explain the concept of ischemia-reperfusion injury and understand the relevance to reconstruction with microvascular free tissue transfer
- 13. Describe the methods of antithrombotic prophylaxis; explain the physiology of each approach and its utility after microvascular free tissue transfer
- 14. Outline the indications and methodology for leech therapy; describe the medical implications (e.g., blood loss, infection, etc.) and appropriate management
- 15. List the complications of various reconstructive approaches and describe the appropriate management strategy for each
- 16. Formulate a plan to manage flap failure including initial approach to revascularization and subsequent secondary reconstructive approaches for unsalvageable flaps
- 17. Develop an appropriate plan for functional rehabilitation for both donor and recipient sites after reconstructive surgery

#### Fasciocutaneous, myocutaneous, and enteric flaps:

- 1. Catalogue the available soft tissue armamentarium with respect to:
  - A. Flap soft tissue characteristics such as bulk, pliability and epithelial lining
  - B. Pedicle length
  - C. Donor site morbidity
  - D. Availability of a source for nerve grafting
  - E. Simultaneous two-team harvest
  - F. Free versus pedicled flap opportunities
- 2. Assess the soft tissue needs (bulk, epithelial surfaces, and shape) for various defects of the head and neck including:
  - A. Floor of mouth defects
  - B. Oral tongue defects: partial glossectomy, hemiglossectomy, near-total glossectomy, and total glossectomy
  - C. Buccal and retromolar trigone defects
  - D. Palate defects
  - E. Pharyngeal defects (partial and total)
  - F. Complex skin and soft tissue defects of head and neck, including lip, chin, orbit, parotid bed, scalp, and nasal defects
  - G. Skull base defects
- 3. Choose optimal flap(s) for each of the aforementioned defects such that function and/or cosmesis is maximized.
- 4. Define the surgical anatomy and relevant vascular and neuronal elements of the soft tissue reconstructive armamentarium.
- 5. Master the elevation and preparation of the following free fasciocutaneous or myocutaneous flaps:
  - A. Radial forearm
  - B. Anterolateral thigh



- C. Rectus abdominus
- D. Latissimus dorsi
- E. Parascapular
- F. Lateral arm
- G. Temporoparietal fascia
- H. Ulnar forearm
- 6. Select an enteric flap for total pharyngeal reconstruction when appropriate; in particular, consider gastro-omental or jejunal flaps for high risk total pharyngeal defects
- 7. Evaluate patients for eligibility for various soft tissue flaps, considering comorbidities, donor site implications and functional status
- 8. Recommend when a local or pedicled flap is an appropriate alternative to free tissue
- 9. Reach proficiency level in harvest and preparation of the major regional pedicled flaps: pectoralis major, latissimus dorsi, supraclavicular, submental island, sternocleidomastoid and deltopectoral flaps
- 10. Diagnose an unsafe recipient wound for free tissue transfer and outline techniques to stabilize and maximize wound healing (initial decontamination and wound packing, introduce vascularized tissue, divert fistulae, advanced wound care/dressings)
- 11. Formulate a plan to manage partial and total soft tissue flap failure with respect to long term function
- 12. Implement speech, swallowing and donor site rehabilitation strategies for each defect and flap type

#### **Osteocutaneous flaps:**

- 1. Perform appropriate examination of head and neck defects/potential defects and flap donor sites
- 2. Describe a logical methodology for donor site selection based on:
  - A. tissue needs for defect reconstruction
  - B. optimal functional outcome
  - C. donor site morbidity profile
  - D. patient medical history and comorbidities
  - E. patient lifestyle concerns
- 3. Define the anatomy and relevant vascular and neuronal elements of fibula, scapula, iliac crest, and radial forearm osteocutaneous free flaps
- 4. Recognize the advantages and disadvantages of the different osteocutaneous free flaps; identify the quality and quantity of bone from each and its functional capacity (e.g., likelihood of osseointegration, ability to bear implants for dental rehabilitation, etc.)
- 5. Demonstrate effective and efficient harvesting and inset techniques for osteocutaneous free flaps
- 6. Review the concepts of bone healing and its relationship to load and stress
- 7. Develop effective plans for reconstruction of mandible and midface bony defects; describe the process for and utility of pre-operative three-dimensional modeling and custom plate design
- 8. Discuss methods to reduce complications, including plate or bone fracture or extrusion
- 9. Formulate a plan to manage partial and total flap failure
- 10. Recall alternatives to osteocutaneous free flaps when their use is not medically appropriate



- 11. Discuss the process of and options for dental rehabilitation; recognize the advantages and disadvantages of primary vs. secondary osseointegrated implant placement
- 12. Discuss the role and limitations of computer image modeling and cutting guides in fibular free flap reconstruction
- 13. Recognize the sign and symptoms of plate failure and Osteoradionecrosis and and formulate a plan for management.

# **Process:** At the completion of the fellowship experience, the trainee should have participated in 25 major head and neck surgeries requiring free flap reconstruction:

The trainee should have detailed knowledge of the harvest techniques for the following:

Pedicled flaps:

- pectoralis major
- latissimus dorsi
- sternocleidomastoid
- supraclavicular
- submental

Free flaps:

- radial forearm
- anterolateral thigh
- fibula
- scapula
- latissimus dorsi

Site-based reconstructions: During the course of their training, the fellow should receive exposure to at least 2 free flap reconstructions of the following sites:

- oral cavity (soft tissue)
- oral cavity (bone)
- pharynx
- midface (soft tissue)
- midface (bone)
- face/neck/scalp
- parotid/ear

#### Recommended Reading for Head & Neck Reconstruction & Microvascular Surgery

Atlas of Regional and Free Flap for Head and Neck Reconstruction: Flap Harvest and Inset. Mark L. Urken and Mack L. Cheney.

Multidisciplinary Head and Neck Reconstruction: A Defect-Oriented Approach. Mark L. Urken.

Microsurgical Reconstruction of the Head and Neck. Peter C. Neligan and Fu-Chan Wei.

Reconstruction of the Head and Neck: A Defect-Oriented Approach. Eric M. Genden.



## **Ethics**

# Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in clinical, professional and research ethics.

#### **Objective:** By the end of the fellowship, the fellows can:

#### Philosophical Basis for Medical Ethics

- 1. Define autonomy, paternalism, shared decision making, directive counsel, abandonment, personhood
- 2. Describe and critique different ethical frameworks:
  - A. Principlism v. casuistry
  - B. Virtue Ethics
  - C. Deontology (Duty-based ethics, fiduciary)
  - D. Consequentialism
  - E. Narrative inquiry
  - F. Justice theory

#### **Clinical Ethics**

- 1. Contrast the terms competence and capacity
  - A. List the elements required to determine medical decision-making capacity
  - B. Understand the importance of making wishes known and the possibility of loss of capacity
- 2. Recognize the ethical and legal guidelines governing privacy and confidentiality
  - A. HIPAA
  - B. Hippocratic Oath
  - C. Institutional regulation thereof
- 3. Prepare for advance care planning
  - A. Demonstrate the ability to introduce advance care planning in the outpatient setting
  - B. Differentiate various forms of advance directive documents, e.g. directive to physicians, medical power of attorney, DNAR (in-patient v. out-patient)
  - C. Describe how to implement an advance directive in clinical care
  - D. Know the legal ramifications of advance care documentation
- 4. Differentiate the levels of surrogate decision making including advance directive, legal guardian, medical (durable) power of attorney, health care agent, next of kin, surrogate of highest priority, best interest standard (as compared to patient preference and substituted judgment)
  - A. Understand management options for the unbefriended adult
- 5. Prepare for and effectively share the delivery of difficult information (breaking bad news), active listening, engagement
- 6. Interpret patient-centric, goal-oriented risks and benefits for individual patient decisions
- 7. Define the doctrine of double effect and explain how it is applied in the contexts of pain management and proportional palliative sedation
- 8. Employ basic and advanced techniques of facilitating medical decision making



- A. Motivational interviewing; shared decision making; risk stratification; outcomes and discharge destination prognostication
- 9. Use evidence-based decision-making for emergency airway management
- 10. Contrast palliative medicine and hospice care
  - A. Practice meticulous symptom management for all patients with head and neck cancer from early to advanced, from survivorship to end of life care.
  - B. Cooperate with specialists from palliative medicine and other relevant specialties to provide optimal care for individual patients and their caregivers
  - C. Describe the evolving role of artificial nutrition and hydration from diagnosis of head and neck cancer to cachexia in advanced head and neck cancer
    - 1) Distinguish eating/drinking, from artificial nutrition/hydration from a legal, philosophical, and ethical perspective
  - D. Define existential suffering and how it interferes with quality of life; distinguish pain v. suffering
- 11. Appraise critically the arguments for and against physician aid in dying in the context of advanced head & neck cancer

#### **Professional Ethics**

- 1. Demonstrate integrity, honesty and professional boundaries
  - A. Explore the necessary traits and virtues of a physician, e.g. tolerance, moral courage, self-reflection, empathy, truth telling, integrity, humility, etc.
  - B. Explain the importance of cultural competence
  - C. Select strategies for identifying and controlling for unconscious bias
  - D. Critically appraise the role of social media in defining or dissolving boundaries
- 2. Choose appropriate methods of error disclosure and understand the evidence and ethics thereof
- 3. Recommend resources for the impaired physician and reporting requirements
- 4. Manage billing and compliance and appreciate ethical components considering legal and regulatory precedent
- 5. Describe conflicts of interest and commitment
  - A. Financial, intellectual, leadership
- 6. Discuss the role of industry in the development and control of biomedical advances
  - A. Exemplify responsible and fair interaction with industry
  - B. Relate inherent limitations of direct-to-consumer marketing
- 7. Recognize the challenges of scarce resource allocation and rationing
  - A. Evaluate the impact of national policy on healthcare at the micro and macro levels
  - B. Contextualize marginalized populations and disparities in cancer treatment
- 8. Apply sound educational and ethical principles to trainee supervision
- 9. Recognize the signs of burnout and select coping strategies for self-care

#### **Research Ethics**

- 10. Demonstrate protection of human subjects as stipulated in the Belmont Report, and the Common rule
- 11. Complete informed consent for research



- 12. Describe basic IRB regulations and processes
- 13. Understand fundamental ethical differences between clinical care versus research, duties to patient v. research participants (fiduciary v. protective)
- 14. Describe the concept of the therapeutic misconception

#### **Process:** By the end of fellowship, the fellows have participated in a minimum number of:

- 1. Family meetings to discuss treatment options, possible outcomes, caregiving responsibilities
- 2. Advance care planning discussions, including execution of advance directives, physician orders for life sustaining treatment, Do Not Attempt Resuscitation Orders (both inpatient and out of hospital DNAR)
- 3. Determinations of appropriate surrogate decision maker for patients, including for patients without an identified surrogate
- 4. Management of complex symptoms with multimodality pain medication considering both the benefits and the risks of opioids
- 5. Discuss and observe the process of withdrawal of technology to allow natural death
- 6. Obtain informed consent for clinical trials
- 7. Participate in completion of an IRB application for human subjects research, completion of the CITI course or equivalent, or attend a session dedicated to core reading

#### **Recommended Reading**

American Society of Bioethics and Humanities (2014), *Code of Ethics and Professional Responsibilities for Healthcare Ethics Consultants*. Glenview, IL: Clinical Ethics Consultation Affairs Committee.

American Society of Bioethics and Humanities (2011), *Core Competencies for Healthcare Ethics Consultation*. 2<sup>nd</sup> ed. Glenview, IL: Core Competencies Task Force.

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Eves, MM, Esplin, BS. "She Just Doesn't Know Him Like We Do": Illuminating Complexities in Surrogate Decision-Making. *Journal of Clinical Ethics* 2015;26(4), 350-354.

Edelstein, LM, et al. Communication and Conflict Management Training for Clinical Bioethics Committees. *HEC Forum* 2009;21(4), 341-49.

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Epner DE, Baile WF. Patient-centered care: the key to cultural competence. Ann Oncol. 2012;23 Suppl 3:33-42.

Epstein, EG and Hamric, AB. Moral Distress, Moral Residue, and the Crescendo Effect. *Journal of Clinical Ethics*, Winter 2009;330-42.

Foxwell KR, Scott SE. Coping together and apart: exploring how patients and their caregivers manage terminal head and neck cancer. J Psychosoc Oncol. 2011;29(3):308-26.

Grady, C. Enduring and Emerging Challenges of Informed Consent. N Engl J Med 2015;372(9), 855-862.

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#### **Recommended Books**

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Beauchamp, TL, Childress, JF. (2001). *Principles of Biomedical Ethics* (5<sup>th</sup> ed.) New York, NY: Oxford University Press.

Dubler, NN, Liebman, CB. (2004). *Bioethics Mediation: A Guide to Shaping Shared Solutions*. New York, NY: United Hospital Fund of New York.

Fins JJ. A Palliative Ethic of Care: Clinical Wisdom at Life's End. Jones and Bartlett Publishers, 2006.

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Johnsen, AR, Siegler, M, Winslade, WJ (2006). *Clinical Ethics: A Practical Approach to Ethical Decisions in Clinical Medicine* (6<sup>th</sup> ed.) New York, NY: McGraw-Hill.

Lo, B. (2009) *Resolving Ethical Dilemmas: A Guide for Clinicians* (4<sup>th</sup> ed.) Philadelphia, PA: Wolters Kluwer Lippincott Williams & Wilkins.

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### **Basic Science**

# Goal:By the end of the fellowship, the trainee is proficient in Fundamentals of Cancer<br/>Biology / Immunology in head and neck oncologyObjectives:After completing directed reading and educational activities in head and neck<br/>fellowship, the trainee will be able to:

#### **Cancer Biology**

- 1. DEFINE the hallmarks of cancer
- 2. DISCUSS the major genomic alterations and known & hypothesized functional impact of such alterations in malignancies of the head and neck
- 3. DESCRIBE the mechanism of action of approved chemotherapeutic and molecular targeted agents used to treat head and neck malignancies
- 4. LIST and DESCRIBE different molecular and genetic tests used in the diagnosis and workup for head and neck malignancies
- 5. EXPLAIN how molecular and genetic testing for thyroid nodules was developed and the utility of these tests in the workup of thyroid nodules
- 6. APPLY molecular and genetic tests for the diagnosis and workup of head and neck malignancies and
- 7. AVOID unnecessary utilization of such tests

#### **Cancer Immunology**

- 1. DESCRIBE the mediators and process of both passive and active immunity
- 2. SUMMARIZE the process of antigen presentation and T-Cell responses
- 3. OUTLINE the process of immune evasion during tumorigenesis
- 4. EXPLAIN the mechanism of action of immune checkpoint inhibitors

#### Process

- 1. Dedicated Reading The trainee will critically read, summarize, and interpret selected fundamental materials (see reading list)
- 2. Mentorship The fellowship program should designate basic/translational scientists/collaborators that will interact regularly with the trainee in various capacities
- 3. Journal club sessions a proportion of journal club sessions should focus on cancer biology/immunology. Trainees should learn to critically review basic/translational research and discuss implications or potential applications of such research
- 4. Attend Institutional/Regional/National meetings and attend dedicated sessions to cancer biology/immunology



#### **Recommended Reading**

#### **Cancer Biology**

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#### **Cancer Immunology**

Ferris, R. L., Blumenschein, G., Jr., Fayette, J., Guigay, J., et al. Nivolumab for Recurrent Squamous-Cell Carcinoma of the Head and Neck. N Engl J Med 2016. doi:10.1056/NEJMoa1602252

Chow, L. Q., Haddad, R., Gupta, S., Mahipal, A., et al. Antitumor Activity of Pembrolizumab in Biomarker-Unselected Patients With Recurrent and/or Metastatic Head and Neck Squamous Cell Carcinoma: Results From the Phase Ib KEYNOTE-012 Expansion Cohort. J Clin Oncol 2016. doi:10.1200/jco.2016.68.1478



## **Clinical Research**

# Goal:By the end of the fellowship the trainee is proficient in Fundamentals of Clinical<br/>Research Design & Fundamentals of Statistical AnalysisObjectives:After completing directed reading and educational activities in head and neck<br/>fellowship, the trainee will be able to:

#### **Fundamentals of Clinical Research Design**

- 1. STATE the differences in the objectives and design of clinical trials:
  - A. Phase I
  - B. Phase II
  - C. Phase III
- 2. SUMMARIZE core ethical standards in human subjects research
- 3. DEVELOP a clinical research project
- 4. EXPLAIN the process of IRB review and factors under consideration when a protocol is reviewed
- 5. OUTLINE the process when opening multi-institutional and/or cooperative group trials
- 6. RECOGNIZE financial considerations when conducting a clinical trials and LIST various funding options
- 7. DESCRIBE how to develop a biorepository and how surgeons can play a key role in quality tissue and data acquisition.

#### **Fundamentals of Statistical Analysis**

- 1. Cite the application for the different observational study designs:
  - A. Case report/case series
  - B. Case-control studies
  - C. Cohort studies
- 2. Define the indications for a systematic review and how this research strategy differs from a literature review
- 3. Define how a meta-analysis differs from a systematic review
- 4. Recite the advantages and disadvantages of a randomized controlled trial
- 5. DEFINE Type I and Type II Error.
- 6. STATE the definition of a "p" value and a confidence interval
- 7. INTERPRET common statistical analyses to include:
  - A. Descriptive statistics basic parametric and non-parametric tests
  - B. Student's t-test
  - C. Chi-Square test/Fisher's exact testing
  - D. Kaplan Meier Survival Analysis and interpret the Log Rank Test
  - E. Univariate analysis
  - F. Multivariable regression models
    - 1) Linear regression



- 2) Logistic regression
- 3) Cox regression
- 8. List various types of research bias

## Process: By the end of fellowship the fellows have participated in the following list of research educational opportunities:

- 1. Dedicated didactic instruction (eg. lectures, journal club, etc.) focused on topics above
- 2. Identification of a clinical research mentor: fellows should identify surgeons/medical oncologists/radiation oncologists with clinical research and clinical trial experience
- 3. Complete a research project to include generation of a hypothesis, development of study design/methodology, submission of an IRB if appropriate, data collection, statistical analysis, and manuscript development
- 4. Attend an IRB / PRMC meeting (encouraged but not mandatory)
- 5. Attend at least one national meeting (AHNS, AAO-HNS, ASCO, etc.)

#### **Recommended Reading** (\*\* *indicates mandatory; others are recommended*)

\*\*Interpreting Statistics in Medical Literature: A Vade Mecum for Surgeons. Guller U, DeLong ER. J Am Coll Surg. 2004; 1998: 441-458.

\*\*<u>A practical guide to understanding Kaplan-Meier curves.</u> Rich JT, Neely JG, Paniello RC, Voelker CC, Nussenbaum B, Wang EW. Otolaryngol Head Neck Surg. 2010 Sep;143(3):331-6.

\*\*<u>A practical guide to understanding systematic reviews and meta-analyses.</u> Neely JG, Magit AE, Rich JT, Voelker CC, Wang EW, Paniello RC, Nussenbaum B, Bradley JP. Otolaryngol Head Neck Surg. 2010 Jan;142(1):6-14.

\*\*<u>A practical guide for understanding confidence intervals and P values.</u> Wang EW, Ghogomu N, Voelker CC, Rich JT, Paniello RC, Nussenbaum B, Karni RJ, Neely JG. Otolaryngol Head Neck Surg. 2009 Jun;140(6):794-9.

\*\*Tutorials in clinical research: VII. Understanding comparative statistics (contrast)--part B: application of T-test, Mann-Whitney U, and chi-square. Neely JG, Hartman JM, Forsen JW Jr, Wallace MS. Laryngoscope. 2003 Oct;113(10):1719-25.

\*\*Tutorials in clinical research: part VII. Understanding comparative statistics (contrast)--part A: general concepts of statistical significance. Neely JG, Hartman JM, Forsen JW Jr, Wallace MS; Clinical Research Working Group. Laryngoscope. 2003 Sep;113(9):1534-40.

Lang, T. A. and M. Secic (2006). How to report statistics in medicine : annotated guidelines for authors, editors, and reviewers. New York, American College of Physicians.

Cohort Studies. Alexander LK, Lopes B, Ricchetti-Masterson K, Yeatts KB. Eric Notebook, 2<sup>nd</sup> Ed. UNC CH Dept. of Epidemiology. <u>http://sph.unc.edu/nciph/eric</u>. Access: 15MAR2017.

Practical guide to understanding Comparative Effectiveness Research (CER).Neely JG, Sharon JD, Graboyes EM, Paniello RC, Nussenbaum B, Grindler DJ, Dassopoulos T; Department of Otolaryngology-Head and Neck Surgery Washington School of Medicine, Saint Louis, Missouri. Otolaryngol Head Neck Surg. 2013 Dec;149(6):804-12.

<u>Practical guide to understanding multivariable analyses: Part A.</u> Neely JG, Paniello RC, Lieu JE, Voelker CC, Grindler DJ, Sequeira SM, Nussenbaum B. Otolaryngol Head Neck Surg. 2013 Feb;148(2):185-90.

<u>Practical guide to understanding multivariable analyses, Part B: conjunctive consolidation.</u>Neely JG, Lieu JE, Sequeira SM, Graboyes E, Paniello RC, Nussenbaum B, Grindler DJ, Voelker CC. Otolaryngol Head Neck Surg. 2013 Mar;148(3):359-65

<u>A practical guide to surveys and questionnaires.</u> Slattery EL, Voelker CC, Nussenbaum B, Rich JT, Paniello RC, Neely JG. Otolaryngol Head Neck Surg. 2011 Jun;144(6):831-7.



Practical guide to efficient analysis and diagramming articles. Neely JG, Karni RJ, Wang EW, Rich JT, Paniello RC, Voelker CC, Nussenbaum B. Otolaryngol Head Neck Surg. 2009 Jan;140(1):4-8.

<u>Practical guide to understanding the value of case reports.</u> Neely JG, Karni RJ, Nussenbaum B, Paniello RC, Fraley PL, Wang EW, Rich JT. Otolaryngol Head Neck Surg. 2008 Mar;138(3):261-4.

<u>A practical guide to understanding outcomes research.</u> Stewart MG, Neely JG, Paniello RC, Fraley PL, Karni RJ, Nussenbaum B. Otolaryngol Head Neck Surg. 2007 Nov;137(5):700-6.

Practical guides to understanding sample size and minimal clinically important difference (MCID). Neely JG, Karni RJ, Engel SH, Fraley PL, Nussenbaum B, Paniello RC. Otolaryngol Head Neck Surg. 2007 Jan;136(1):14-8

Tutorials in clinical research, part VI: descriptive statistics. Neely JG, Stewart MG, Hartman JM, Forsen JW Jr, Wallace MS. Laryngoscope. 2002 Jul;112(7 Pt 1):1249-55.

Tutorials in clinical research: part V: outcomes research. Stewart MG, Neely JG, Hartman JM, Wallace MS, Forsen JW Jr. Laryngoscope. 2002 Feb;112(2):248-54.

Tutorials in clinical research: part IV: recognizing and controlling bias. Hartman JM, Forsen JW Jr, Wallace MS, Neely JG. <u>Laryngoscope</u>. 2002 Jan;112(1):23-31.