American Head & Neck Society
National Standardized Head & Neck Fellowship Curriculum
Goals & Objectives and Recommended Syllabus

Authored by the 2017-2018 AHNS Education Committee
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It is recommended that all Fellows use both the 7th and the 8th Edition of the AJCC Staging systems. In addition, we recommend that they use the current Guidelines of the National Comprehensive Cancer Network (NCCN) (which can be accessed at www.nccn.org) and American Thyroid association guidelines in discussion and management of cases (https://www.thyroid.org/professionals/ata-professional-guidelines)

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Head & Neck Anatomy – Recommended Reading


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Cutaneous Malignancies

**Goal:** At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with melanoma and non-melanoma skin cancer.

**Objective:** By the end of the fellowship, the fellows can:

1. List the function of the skin and diagram its histologic anatomy
   - A. Outline the different histologic layers and their cellular make-up, especially as it pertains to the development of different types of cutaneous malignancies
2. Perform a thorough oncologic examination of head and neck, with emphasis on the skin and scalp exam as well as the associated at-risk lymphatic basins based on the location of the primary tumor
   - A. Perform a relevant sensory and cranial nerve examination based on the location of the tumor
3. Develop a differential diagnosis for pigmented and non-pigmented skin lesions
4. Recognize the risk factors for developing melanoma and non-melanoma skin cancer
5. Identify basic cutaneous histopathology
   - A. Recognize the spectrum between normal, dysplastic and invasive skin lesions based on histopathology
   - B. Determine what immunohistochemical stains differentiate various skin lesions
6. Describe the typical presentation of different types of skin cancer and recognize signs and symptoms that suggest a more aggressive behavior
7. Stage different cutaneous malignancies accurately based on AJCC classification system
8. Plan a staging work up for malignant skin lesions based on NCCN guidelines
   - A. Determine when additional testing such as MRI, temporal bone imaging, chest imaging is indicated
   - B. Determine when it is appropriate to consider PET/CT imaging in cutaneous malignancies
   - C. Determine when it is appropriate to perform sentinel node biopsy for regional staging of cutaneous malignancies
9. Describe clinical and pathological features that make skin cancers at higher risk for local recurrence or regional metastasis (particularly for basal cell carcinoma and squamous cell carcinoma)
10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
    - A. Outline the treatment options: surgical, nonsurgical, palliative
    - B. For surgical patients, determine when it is appropriate to consult additional services to assist with management (neuro-otology for aggressive periauricular/auricular lesions and/or those with complete facial paralysis, head and neck reconstructive surgeon, neurosurgery, if skull or skull base involvement is present)
11. Determine the appropriate surgical margins for primary tumor resection, based on stage for:
    - A. Malignant melanoma
    - B. SCC
    - C. BCC
D. Merkel cell carcinoma
E. Dermatofibrosarcoma protuberans
F. Angiosarcoma

12. Cite the principles of Mohs Micrographic surgery as well as its indications and contraindications.

13. Describe the indications for sentinel lymph node biopsy and/or elective neck dissection in N0 cutaneous squamous cell carcinoma.

14. Determine when sentinel lymph node biopsy is indicated for cutaneous melanoma of the head and neck and Merkel cell carcinoma.

15. Recognize when reconstruction is needed following resection of skin cancers.
   A. Determine the best option for closure of small defects based on location and relaxed skin tension lines.
   B. Outline the options for reconstruction: Allografts, skin grafts, local flaps, regional flaps (submental, supraclavicular, pectoralis, SCM, Occipital, lower island trapezius), and free flaps (ALT, forearm, rectus abdominus, latissimus).
   C. Recognize what defects and scenarios are appropriate for delayed reconstruction.
   D. Recognize scalp defects that will require tissue expanders for reconstruction and formulate a plan for utilization of tissue expanders.

16. Determine indications for a facial nerve drill-out and/or a lateral temporal bone resection.

17. Perform core procedures in surgery on the skin of the head and neck, including design of local flap closures and sentinel lymph node biopsy, as defined by the curriculum, based on the attestation of the program director.

18. Cite indications for adjuvant therapy following surgery for non-melanoma cancer, malignant melanoma and Merkel cell carcinoma based on staging, pathologic characteristics and operative findings.

19. Summarize the current status of molecular testing of melanoma.

20. Recognize common complications of following parotid surgery, neck surgery, and wide skin undermining.


22. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable cutaneous lesions.

23. Discuss indications for orbital exenteration in periocular cutaneous malignancies.

24. State what non-surgical options are available to treat aggressive cutaneous malignancies.

25. Utilize ancillary services such as nutrition and physical therapy appropriately in treatment planning and long term care of skin cancer patients.

26. Formulate an evidence-based surveillance program for skin cancer and melanoma survivors based on established guidelines (such as NCCN).

27. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up.

28. Discuss the available options and recommend appropriate systemic therapies, including immunotherapy.

29. Recognize incurable diseases and plan appropriate palliative care.

30. Describe the indications for a parotidectomy.

31. Describe the indications for a neck dissection.
32. If the facial nerve is involved and/or sacrificed, describe the options for reconstruction of the upper and lower divisions of the nerve.

**Process:**

By the end of fellowship the fellows have participated in a minimum number of skin cancer resection and reconstruction procedures based on the following list:

1. Wide local excision of facial skin cancers
2. Wide local excision of scalp skin cancers (+/- resection of outer table of calvarium)
3. Sentinel lymph node biopsy
4. Modified radical and/or radical lymphadenectomy
5. Local flap closure of facial skin defects
6. Split thickness skin grafting
7. Full thickness skin grafting
8. Parotidectomy for cutaneous malignancies

**Recommended Reading:**


**Basal Cell Carcinoma**


**Squamous Cell Carcinoma**


**Cutaneous Malignant Melanoma**


Balch, C. M., et al.. Long-Term Results of a Prospective Surgical Trial Comparing 2 cm vs. 4 cm Excision Margins for 740 Patients With 1–4 mm Melanomas. Annals of Surgical Oncology 2001;8(2): 101-108.


Merkel Cell Carcinoma


Salivary Gland

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<th>Goal:</th>
<th>At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with salivary gland cancer.</th>
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<tr>
<td>Objective:</td>
<td>By the end of the fellowship, the fellow can:</td>
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1. Define the anatomy and distribution of the major and minor salivary glands
   - A. Outline the glandular make-up of the different types of salivary tissue, as well as the anatomy of the fundamental salivary unit
   - B. Define the innervation of the different major salivary glands
   - C. Describe the anatomy of the parapharyngeal space to include types of tumors are present in the pre-styloid versus post-styloid space

2. Perform a thorough examination of the head and neck, with emphasis on the major salivary glands and surrounding structures

3. Identify the most common locations for the development of salivary gland tumors and recognize examination findings that suggest malignancy
   - A. Recognize key relevant cranial nerve findings based on the location of the tumor
   - B. Recall signs of primary cutaneous malignancy in patients with carcinomas of the parotid gland that can be metastatic

4. Express the relative distribution of benign versus malignant salivary gland tumors
   - A. List the most common malignancies in the parotid, submandibular, sublingual and minor salivary glands as well as the overall most common salivary cancer

5. Outline the risk factors for developing certain salivary tumors (i.e. smoking for Warthin’s tumors, Sjogren’s disease for lymphoma, etc)

6. Define the difference from the reserve cell theory and multicellular theory of tumor development

7. Recognize the typical presentation of benign and malignant salivary tumors and certain signs and symptoms that might suggest a more aggressive behavior

8. Form a differential diagnosis for neck masses and salivary masses

9. Review the indications and limitations of fine needle aspiration and core needle biopsy for salivary gland masses

10. Plan a staging work up for malignant salivary lesions based on NCCN guidelines

11. Determine the need for additional imaging such as MRI, temporal bone imaging, chest imaging
    - A. State when to consider PET/CT

12. Stage different salivary malignancies accurately based on AJCC classification system

13. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient based on the NCCN guidelines.
    - A. For surgical patients, know when it is appropriate to consult additional services to assist with management (neuro-otology for aggressive parotid malignancies and/or those with complete facial paralysis, head and neck reconstructive surgeon, neurosurgery, if skull base involvement is present, maxillofacial prosthodontics, if palate resection is indicated)
14. Describe the indications and extent of dissection for elective lymphadenectomy in clinically node-negative salivary malignancies.

15. Summarize the different approaches to identify and preserve the facial nerve during parotidectomy.

16. Recognize when reconstruction is needed following resection of salivary gland cancers:
   A. Discuss the options for reconstruction: allografts, autografts (fat graft and dermal fat graft), regional muscle/myofascial and fasciocutaneous flaps (Superficial Myoaponeurotic System (SMAS), digastric, submental, supraclavicular, pectoralis, sternocleidomastoid muscle, occipital, lower island trapezius), and free flaps (anterolateral thigh, radial forearm, rectus abdominus, and latissimus).

17. Determine when a facial nerve drill-out and/or a lateral temporal bone resection is indicated.

18. Recognize the utility of frozen section and its limitations in salivary gland tumor management.

19. Perform core procedures in surgery on the salivary glands as defined by the curriculum, based on the attestation of the program director.

20. Define indications for adjuvant therapy following surgery for salivary gland cancer based on staging, pathologic characteristics, operative findings, and the NCCN guidelines.

21. Diagram and counsel patients about the current status of molecular testing and potential targeted therapy for salivary gland cancers.

22. Recognize and manage common complications following parotid and neck surgery.

23. For purposes of preoperative patient counseling:
   A. Describe and discuss relative risks of transient and permanent facial nerve weakness following various extents of parotidectomy and for submandibular gland excision.
   B. Counsel patients regarding additional risks: Frey’s syndrome, first bite phenomenon, cutaneous sensory loss, and salivary fistula.

24. Plan and execute an appropriate course of action for treating surgical complications of salivary procedures, including the range of techniques available for facial reanimation.

25. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable salivary lesions.

26. Discuss and select appropriately the existing non-surgical options to treat salivary gland cancers and the different types of radiotherapy modalities that can be used in these lesions:
   A. Proton beam radiation for perineural spread and skull base involvement.
   B. Neutron beam radiation for adenoid cystic carcinoma and unresectable tumors.
   C. Role of chemotherapy in salivary gland cancer in accordance with NCCN guidelines.
   D. Role and availability of clinical trials.

27. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of salivary gland cancer patients.

28. Formulate an evidence-based surveillance program for salivary cancer survivors based on established guidelines (such as those by the NCCN).

29. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work-up algorithm.
# Process:
By the end of fellowship the fellows have participated in a minimum number of salivary gland procedures based on the following list:

1. Parotidectomy
   - A. Superficial
   - B. Deep/total
2. Submandibular gland excision (can be part of a level 1 neck dissection)
3. Transcervical approach to the parapharyngeal space and infratemporal fossa
4. Transmandibular approach to the infratemporal fossa (if applicable)
5. Modified radical and/or radical lymphadenectomy
6. Parotid bed reconstruction, any technique
7. Primary nerve repair
8. Cable graft nerve repair in facial nerve injuries
9. Sublingual gland excision and excision of ranula

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**Recommended Reading**


Oral Cavity

Goal: By the end of fellowship, the fellows have reached proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of potentially malignant disorders and malignant oral cavity diseases.

Objective: By the end of the fellowship, the fellows can:

1. Describe the epidemiology of the oral cavity cancers based on different population and different subsites of the oral cavity.
2. List the major risk factors in development of oral cavity malignancies.
3. Perform a thorough oncologic examination of oral cavity and neck.
4. Differentiate between benign and malignant lesions of oral cavity.
5. Formulate a diagnostic plan for lesions of oral cavity.
6. Stage different oral cavity malignancies accurately based on AJCC classification system.
7. Plan a staging work up for malignant lesions based on NCCN guidelines.
8. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient.
9. Describe the indications for elective neck dissection and sentinel node biopsy in oral cavity malignancies.
10. Describe the different types of neck dissection and the difference in technique, structures sacrificed or preserved and levels dissected in elective and therapeutic neck dissections.
11. Recognize the indications for addressing the mandible and maxilla in oral cavity lesions.
12. Differentiate between lesions which require marginal, segmental or hemi mandibulectomy.
13. Formulate an appropriate diagnostic work up to assess the need for segmental vs. marginal vs. hemi mandibulectomy.
14. Plan appropriate reconstruction options for oral cavity defects.
15. Recognize lesions and defects that might require free tissue transfer reconstruction.
16. Perform core procedures in oral cavity as defined by the curriculum, based on the attestation of the program director.
17. Recommend appropriate adjuvant radiotherapy based on pathologic characteristics and operative findings.
18. Describe the indications for adding chemotherapy to adjuvant radiotherapy in oral cavity malignancies.
19. Recognize common complications of oral cavity procedures:
   A. Orocutaneous fistula
   B. Flap failure
   C. Oral dysphagia
   D. Pathologic fractures of mandible
   E. Tethered tongue/dysarthria
   F. Tongue numbness

20. Plan appropriate course of action for treating surgical complications of oral cavity procedures.
21. Utilize ancillary services such as nutrition, physical therapy and speech therapy appropriately in treatment planning and long term care of oral cavity patients

22. Formulate an evidence based surveillance program for oral cavity cancer survivors based on established guidelines (such as NCCN)

23. Recognize the common signs and symptoms of recurrent disease and second primary cancers; plan an appropriate work up plan

24. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable oral cavity lesions

25. Discuss the importance of the depth of invasion and the elective neck dissection

26. Describe the different approaches to the oral cavity

**Process:** By the end of fellowship the fellows have participated in a minimum number of oral cavity procedures based on the following list:

1. Glossectomy
2. Marginal mandibulectomy
3. Segmental mandibulectomy and composite resections
4. Mandibulotomy and mandibulotomy repair
5. Lip resection
6. Maxillectomy
7. Neck dissection for oral cavity procedures
8. Floor of mouth resection
9. Reconstruction of oral cavity defect (skin graft, locoregional flaps, free tissue transfer)

**Recommended Reading**


Nasopharynx

**Goal:** By the end of the fellowship the trainees are proficient in diagnosis, principles of treatment, surveillance and management of complications of nasopharynx cancers.

**Objectives:** By the end of the fellowship, the trainee will be able to:

1. Describe the epidemiology of the nasopharyngeal cancer and discuss the role of EBV.
2. Identify high risk population for nasopharyngeal carcinoma.
3. Recognize signs and symptoms of early stage and advanced stage nasopharyngeal cancer.
4. Formulate a diagnostic plan for diagnosis of suspected nasopharynx lesion:
   a. Perform in office flexible nasopharyngoscopy.
   b. Recognize suspicious lesion and recommend biopsy (in office or operative) in appropriate cases.
   c. Formulate a comprehensive plan for assessment of cervical lymphadenopathy that include investigation of nasopharynx.
5. Recommend an appropriate, evidence based staging plan for newly diagnosed disease.
   a. Recommend MRI in appropriate cases
   b. Recommend PET Scan in appropriate cases
6. Stage nasopharyngeal disease based on the current AJCC staging system.
7. Recommend evidence based course of treatment based on the stage and current guidelines (NCCN)
8. Formulate a comprehensive plan for surveillance of nasopharyngeal cancers.
   a. Discuss the role of EBV titers in surveillance.
9. Recognize common complications of treatment and formulate an appropriate investigative and therapeutic plan:
   a. Osteoradionecrosis
   b. Eustachian tube dysfunction
   c. Hypothyroidism
10. Recognize suspicious signs of recurrence and formulate an appropriate plan for confirmation or ruling out of recurrence. Specifically discuss the role of:
    a. Advanced imaging (MRI, PET)
    b. Biopsy
11. Identify cases that could benefit from salvage surgery
12. Discuss findings of very advanced, surgically non-curable recurrent disease in imaging.
Recommended Reading (** indicates mandatory; others are recommended)


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Oropharynx

Goal: By the end of fellowship, the fellows have reached proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of oropharynx malignancies.

Objective: By the end of the fellowship, the fellows can:

1. Describe the epidemiology of oropharynx squamous cell carcinoma.
2. List the major risk factors in development of HPV-positive and HPV-negative squamous cell carcinoma.
3. Describe role of HPV in oropharynx cancer and understand
   A. Risk factors for HPV related cancer
   B. Immunization for HPV
   C. Behaviors that are likely to transmit HPV
4. Compare and contrast the clinical presentation of HPV-positive and HPV-negative squamous cell carcinoma
5. Compare and contrast the relative prognosis for patients with HPV-negative OPC and HPV-positive OPC with or without a history of tobacco abuse
6. Perform a thorough oncologic examination of the oropharynx
7. Differentiate between benign and malignant lesions of oropharynx
8. Formulate a diagnostic plan for evaluation and staging of oropharynx lesions
   A. Understand strategies for managing the unknown primary with suspected oropharynx primary site
9. Stage oropharyngeal tumors based on the most current AJCC staging system for HPV-positive and HPV-negative oropharynx cancer
10. Plan a staging work up for malignant oropharynx cancer based on NCCN guidelines
11. Formulate a treatment plan for various oropharynx malignancies (e.g., HPV+ and HPV-squamous cell carcinoma, mucoepidermoid carcinoma, etc.) based on the characteristics of the disease, staging and by taking into account the specific needs of the patient
   A. Describe transoral approaches to the oropharynx, such as transoral laser microsurgery (TLM) and transoral robotic surgery (TORS)
      1) Describe and list the inside out anatomy required for safe surgery using these approaches
      2) Discuss limitations of each approach:
         a. Tumor factors (e.g., involvement of medial pterygoid or mandible, tumor that would require sacrifice of both lingual arteries, tumor contiguous with neck disease, tumor abutting carotid artery, degree of soft palate involvement, etc.)
         b. Exposure factors (e.g., trismus, OSA, narrow mandible/maxilla, etc.)
         c. Anatomical limitations (e.g., retropharyngeal carotid)
      3) Discuss potential complications of transoral surgery and plan how to manage them
         a. Prevention by ligation of vessels at the time of neck dissection (lingual, facial, superior thyroid)
b. Management of airway in case of acute post-op bleed

12. Discuss management of neck disease in oropharynx cancer
   A. Describe typical patterns of metastasis
   B. Discuss issues in management of advanced neck disease: skin involvement, carotid involvement
   C. Discuss management of retropharyngeal (Rouviere’s) nodes

13. Describe the different types of neck dissection and the differences in technique, structures sacrificed or preserved and level dissected

14. Plan appropriate reconstruction for oropharynx defects

15. Recognize lesions and defects that might require free tissue transfer reconstruction

16. Perform core procedures in the oropharynx as defined by the curriculum, based on the attestation of the program director

17. Recommend appropriate evidence-based adjuvant treatments based on pathologic characteristics and operative findings

18. Describe the indications for adding chemotherapy to adjuvant external beam radiation in oropharynx malignancies

19. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of oropharynx cancer patients

20. Discuss the principles of IMRT for treatment of oropharynx cancer
   a. List the common types of radiation therapy (IMRT, IMPT)
   b. Discuss the typical doses for primary and adjuvant radiation therapy
   c. Describe the common radiated fields: primary tumor bed, ipsilateral and contralateral neck and retropharyngeal nodes

21. List open approaches to the oropharynx, describe potential complications and how to manage them
   A. Mandible split: median and lateral
   B. Transhyoid
   C. Composite resection of retromolar trigone and mandible for tumors that extend to mandible

22. Recognize the indications for addressing the mandible in oropharynx lesions and formulate an appropriate diagnostic work up to assess the need for segmental mandibulectomy

23. Plan appropriate course of action for treating surgical complications of oropharynx procedures (e.g., bleeding, fistula, aspiration, etc.)

24. Describe functional issues that may arise from oropharynx cancer treatment and ways to treat or prevent these
   A. Trismus
   B. Hypernasality and velopharyngeal insufficiency (VPI)
   C. Cricopharyngeus dysfunction/stricture
   D. Late dysphagia and aspiration following primary CRT

25. Describe late complications of primary CRT for treatment of oropharynx cancer

26. Compare and contrast immunohistochemistry (IHC) for p16 with in situ hybridization (ISH) for HPV DNA
27. Compare and contrast cisplatin versus cetuximab with regard to limitations and typical toxicities when used to treat oropharynx cancer
28. Formulate an evidence based surveillance program for oropharynx cancer survivors based on established guidelines (such as NCCN)
29. Recognize the common signs and symptoms of recurrent oropharynx cancer and plan an appropriate work up
30. Discuss and recommend appropriate management of distant metastatic disease for both HPV+ and HPV- oropharynx squamous cell carcinoma.
31. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable oropharynx lesions
32. Discuss the concept of de-escalation of therapy and the status of ongoing clinical trials to evaluate the safety and efficacy of different de-escalation protocols in management of HPV-positive OPC

Process: By the end of fellowship the fellows have participated in a minimum number of oropharynx procedures based on the following list:

1. Open approaches to oropharynx including mandibulotomy and mandibulotomy repair
2. Transoral approaches for resection of oropharynx malignancies (TLM or TORS)
3. Segmental mandibulectomy and composite resections
4. Neck dissection procedures for oropharynx cancer
5. Reconstruction of oropharynx defects (locoregional flaps, free tissue transfer)

Recommended Reading

Lim YC, Koo BS, Lee JS, Lim JY, Choi EC. Distributions of cervical lymph node metastases in oropharyngeal carcinoma: therapeutic implications for the N0 neck. Laryngoscope. 006;116(7):1148-52 DOI: 10.1097/01.mlg.0000217543.40027.1d


**Larynx**

<table>
<thead>
<tr>
<th>Goal:</th>
<th>By the end of fellowship, the fellow should be proficient in the diagnosis, management and surveillance of patients with cancer of the larynx.</th>
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<tr>
<td>Objective:</td>
<td>By the end of the fellowship, the fellow can:</td>
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1. Define the anatomic subsites of the larynx and the associated tumor characteristics to include metastatic spread, at risk nodal basins, and disease free/overall survival rates
2. Describe the epidemiology of laryngeal squamous cell carcinoma
3. Perform an appropriate history for a patient presenting with throat complaints such as dysphagia, throat pain or otalgia, dysphonia, and/or dyspnea
4. Perform a thorough oncologic examination of the larynx – via flexible nasolaryngoscope with and without stroboscopy, and operative endoscopy
5. Formulate a diagnostic plan for benign and malignant lesions of the larynx
6. Plan a staging work up for malignant laryngeal lesions based on NCCN guidelines
7. Stage laryngeal malignancies accurately based on AJCC classification system
8. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
   - A. Describe the different open partial laryngectomy procedures and what tumor and patient characteristics would impact this decision (prior therapy, underlying lung disease, tumor extent, prior surgery, etc)
   - B. Describe the different endoscopic approaches to laryngeal tumors (Transoral laser microsurgery, including fundamentals of laser surgery/laser safety, Transoral robotic surgery)
   - C. Discuss and compare the oncologic outcomes of surgical versus non-surgical treatment approaches for both early and advanced laryngeal malignancies
9. Discuss and compare the functional outcomes of surgical versus non-surgical treatment approaches for both early and advanced laryngeal malignancies
10. Recognize the patterns of spread of laryngeal tumors and the implications on surgical treatment planning (including lymphatic drainage and regional metastatic potential for the various subsites and degrees of tumor progression)
11. Describe the rationale for upfront total laryngectomy versus organ preservation approaches for treatment of stage III/IV advanced laryngeal cancer
12. Interpret clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable laryngeal lesions
13. Recommend an appropriate surgical approach, when applicable, for excision of laryngeal tumors
   - A. Intraoperative airway management options
   - B. Postoperative airway plan
14. Plan appropriate reconstruction for laryngeal resection defects including those that require vascularized regional or free tissue transfer reconstruction
15. List the options for voice rehabilitation following total laryngectomy
16. Perform core procedures in larynx as defined by the curriculum, based on the attestation of the program director

17. Recommend appropriate adjuvant treatments based on pathologic characteristics and operative findings

18. Recognize common complications of laryngeal procedures

19. Plan appropriate course of action for treating surgical complications of laryngeal surgery, including salivary fistula management, airway considerations, and swallowing dysfunction

20. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of laryngeal cancer patients

21. Formulate an evidence based surveillance program for laryngeal cancer survivors based on established guidelines (such as NCCN)

22. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up

23. Describe the reconstructive options of the pharynx following total laryngectomy, partial or total pharyngectomy

**Process:** By the end of fellowship, the fellows have participated in a minimum number of laryngeal subsite procedures based on the following list:

**Open Procedures:**

1. Partial laryngectomies
   A. Open: vertical hemilaryngectomy, supraglottic laryngectomy, supracricoid laryngectomy
   B. Transoral: Robotic; laser

2. Total laryngectomy with or without partial pharyngectomy

3. Total laryngopharyngectomy

4. Total laryngectomy with total glossectomy

5. Neck dissection for laryngeal tumors

6. Direct laryngoscopy with biopsy

7. Tracheoesophageal puncture procedure with or without cricopharyngeal myotomy

8. Zenker’s diverticulum repair (endoscopic; open).

9. Endoscopic Zenker’s diverticulum repair

**Recommended Reading**

**Advanced Laryngeal cancer:**


**Glottic Cancer:**


**Supraglottic Cancer:**


**Rehabilitation:**

**Contemporary Reviews:**


Tucker, H.M. Total laryngectomy: Technique, Operative Techniques in Otolaryngology-Head and Neck Surgery, Volume 1, Issue 1, March 1990, Pages 42-44


## Tracheal Disease

**Goal:** At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis and management for patients with tracheal neoplasms or stenosis.

**Objective:** By the end of the fellowship, the fellow can:

1. Describe the anatomy of the cervical and thoracic trachea and immediately surrounding structures
   - A. Outline the blood supply of the trachea
   - B. Identify the relative location of surrounding structures including the recurrent laryngeal nerves, the cervical and thoracic esophagus, the innominate artery, the thyroid gland, and larynx
2. Recognize the typical presentation history of different tracheal pathologies and aspects that are important in their history
   - A. History of prior intubation or tracheostomy
   - B. History of systemic inflammatory or autoimmune disease
   - C. Recognize the importance of any smoking history or history of prior thyroid cancer diagnosis
3. Develop a differential diagnosis for stenosis of the trachea and subglottis
4. Develop a differential diagnosis for a tracheal tumor
   - A. List the most common benign tumors.
   - B. List the most common malignant tumors.
5. Describe the appropriate initial office evaluation of tracheal pathology
6. Formulate an appropriate plan for imaging and laboratory work up for patients with tracheal pathology
7. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable tracheal lesions and to develop a treatment plan for benign tracheal diseases
8. Stage tracheal tumors accurately based on TNM staging system for tracheal malignancies
9. Outline indications for when to consult additional services including thoracic surgery, pulmonology, rheumatology, and radiation or medical oncology
10. Outline a plan for airway management in individuals who may require a diagnostic bronchoscopy and/or surgical intervention of the trachea
    - A. Describe the indications for jet ventilation and its contraindication.
    - B. Describe intermittent apnea use in appropriate cases.
    - C. Describe the potential advantages and disadvantages of tracheostomy in patients with tracheal pathology
11. Outline options for surgical management of:
    - A. Narrow segment tracheal stenosis
      - i. Options for endoscopic management
        1. Utilized appropriate adjuncts at the time of dilation (steroid injection, cryotherapy, mitomycin C)
        2. Describe and plan appropriate cautuions during use of CO2 laser.
      - ii. Compare advantages of dilation versus segmental resection and repair
B. Long segment tracheal stenosis
C. Cervical tracheal tumors
D. Thoracic tracheal tumors
E. Thyroid tumors invading into the trachea
   i. Discuss indications for laryngectomy versus tracheal resection and reconstruction

12. Describe the basis fundamentals of tracheal surgery
   A. Dissection techniques to avoid disruption of vascularity
   B. Techniques to minimize stenosis following segmental tracheal resection and re-anastomosis
   C. Options for mobilization of the trachea
      i. Anterior tracheal dissection
      ii. Suprahyoid release
      iii. Infrahyoid release
      iv. Release of the inferior pulmonary ligament
      v. Bronchial re-implantation

13. List and describe the different types of tracheal stents, tracheostomy tube options, and T-tubes that can be used as well as their indications and advantages and disadvantages

14. Formulate an appropriate plan for peri-operative management following a segmental tracheal repair
   A. Use of Grillo sutures
   B. Nasogastric tube to minimize laryngeal elevation with swallowing
   C. Voice rest

15. Perform core procedures in surgery on the trachea, including open tracheostomy and rigid and flexible bronchoscopy, including removal of an airway foreign body

16. Recognize common complications of following tracheal surgery and describe how to manage:
   A. Tracheostomy tube dislodgement or occlusion
   B. Low volume hemoptysis
   C. High volume hemoptysis
   D. Tracheal granulation tissue
   E. Recurrent tracheal stenosis

17. Plan appropriate course of action for treating surgical complications of tracheal surgery.

18. State what non-surgical options there are to treat inflammatory tracheal lesions as well as tracheal malignancies

19. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up plan.

<table>
<thead>
<tr>
<th>Process: By the end of fellowship, the fellows have participated in a minimum number of</th>
<th>tracheal procedures based on the following list:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Rigid bronchoscopy with or without biopsy or foreign body removal</td>
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<tr>
<td>2. Flexible bronchoscopy</td>
<td></td>
</tr>
<tr>
<td>3. Open tracheostomy</td>
<td></td>
</tr>
<tr>
<td>4. Tracheal resection and re-anastomosis</td>
<td></td>
</tr>
</tbody>
</table>
Recommended Reading


Hypopharynx

Goal: By the end of fellowship, the fellow will reach proficiency in fund of knowledge, as well as skills and attitudes in diagnosis, surgical management and surveillance of malignant hypopharyngeal diseases.

Objective: By the end of the fellowship, the fellow can:

1. Perform an appropriate history for a patient presenting with throat complaints such as dysphagia, throat pain or otalgia, dysphonia, and/or dyspnea
2. Perform a thorough oncologic examination of the larynx and pharynx via flexible nasolaryngoscope with and without stroboscopy, and operative endoscopy
3. Formulate a diagnostic plan for benign and malignant lesions of the hypopharynx
   A. At the time of endoscopy with biopsy, the fellow should recognize what areas to evaluate specific to the primary tumor and nodal disease (mobility of the larynx to assess for involvement of prevertebral fascia, extension to the cervical esophagus, extension below the level of the thoracic inlet, nodal disease)
   B. Discuss the role of different imaging modalities (i.e. PET/CT scan, MRI with gadolinium, CT scan w/contrast) for treatment planning of hypopharyngeal carcinoma and select the appropriate modality.
4. Plan a staging work-up for malignant hypopharyngeal lesions based on NCCN guidelines
5. Stage hypopharyngeal malignancies accurately based on AJCC classification system
6. Formulate a treatment plan for patients with hypopharyngeal cancer based on the characteristics of the disease and specific needs of the patient
7. Outline the functional outcomes of surgical versus non-surgical treatment approaches for both early and advanced hypopharyngeal malignancies
8. Describe the patterns of spread of hypopharyngeal tumors and the implications on surgical treatment planning (including submucosal spread, skip lesions, lymphatic drainage)
9. Recommend an appropriate surgical approach, when applicable, for excision of hypopharyngeal tumors
10. Discuss the role of transoral robotic surgery in the management of early staged hypopharyngeal carcinoma and recommend TORS in appropriate cases
11. Plan appropriate reconstruction for hypopharyngeal defects including those that require vascularized tissue transfer reconstruction. Select pedicled flaps versus free flaps versus gastric pull-up based on the defect and patient characteristics
12. Perform core procedures in hypopharynx as defined by the curriculum, based on the attestation of the program director
13. Discuss the role of total laryngectomy for both oncologic and functional purposes when planning hypopharyngeal resection
14. Describe the different options for voice rehabilitation following total laryngopharyngectomy (or laryngopharyngoesophagectomy) with reconstruction and how these might differ from patients who had a total laryngectomy alone
15. Recommend appropriate adjuvant treatments based on pathologic characteristics and operative findings
16. Recognize common complications of hypopharyngeal procedures
17. Plan appropriate course of action for treating surgical complications of hypopharyngeal surgery, including salivary fistula and pharyngoesophageal stenosis management
18. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of hypopharyngeal cancer patients
19. Formulate an evidence based surveillance program for hypopharyngeal cancer survivors based on established guidelines (such as NCCN)
20. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up
21. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable hypopharyngeal lesions

Process: By the end of fellowship, the fellows have participated in a minimum number of hypopharyngeal subsite procedures based on the following list:

1. Partial pharyngectomy (lateral pharyngotomy, transhyoid, transoral robotic or TLM approach)
2. Total laryngectomy with partial pharyngectomy
3. Total laryngopharyngectomy
4. Neck dissection for hypopharyngeal tumors

By the end of fellowship, the fellows have familiarity with hypopharyngeal site procedures based on the following list:

1. Hypopharyngeal reconstruction with free or pedicled flaps
2. Cervical esophagectomy or total esophagectomy with gastric pull-up procedure or visceral interposition

Recommended Reading

Primary Sources:


Contemporary Reviews:

## Skull Base

### Goal:
At the completion of the fellowship experience, the trainee should demonstrate a fundamental level of knowledge regarding the evaluation and management of patients with neoplasms of the skull base, cranium, and adjacent areas and master basic diagnostic and surgical skills as it relates to the evaluation and management of skull base tumors.

### Objective:
By the end of the fellowship, the fellows can:

1. List the risk factors for developing certain sinonasal malignancies and common presenting symptoms of such tumors
2. Describe the biologic behavior of benign sinonasal and skull base lesions
3. Describe the biologic behavior and natural history of malignant sinonasal and skull base neoplasms
4. Perform a comprehensive history and physical examination for a patient with a suspected sinonasal or skull base neoplasm
   - Elicit history of prior surgery or trauma
   - Evaluate for loss of cranial nerve function
5. Outline an appropriate plan for additional work-up for skull base lesions including what imaging and/or laboratory tests should be performed
   - Interpret radiographs to identify anatomical landmarks and develop differential diagnosis
   - Interpret tests and laboratory studies:
     1) Cerebrospinal fluid
     2) Pituitary function
     3) Visual fields
6. Stage sinonasal tumors accurately based on AJCC classification or other relevant classification systems
7. Develop a treatment algorithm for malignant sinonasal neoplasms
8. Discuss the role of non-surgical therapy as well as adjuvant radiation and chemotherapy
9. Identify key anatomical landmarks of the sinonasal cavity and skull base
10. Identify the neurovascular anatomy of the sinuses, skull base and orbit
11. Describe the anatomy of the scalp layers and reconstructive flaps
12. Describe the sequence of steps for craniofacial resection of the anterior cranial base
13. Describe and discuss the concepts of craniofacial disassembly (osteotomies) for access to the anterior and lateral skull base
14. Compare different approaches to the skull base
15. Recognize the potential need for consulting serves to include neurosurgery, ophthalmology, and neuro-otology in treatment planning
16. Perform core procedures in skull base surgery as defined by the curriculum, based on the attestation of the program director
   - Demonstrate ability to perform surgical procedures (surgical simulation):
1) External frontal sinusotomy
2) Pericranial scalp flap
3) Temporalis muscle transposition
4) Orbital exenteration
5) Medial maxillectomy (external and endonasal approaches)
6) Nasoseptal flap

17. Provide postoperative care in hospital
   A. Recognize and manage neurological complications
      1) Describe management of postoperative cerebrospinal fluid leak
      2) Identification of signs and symptoms of increased intracranial pressure that could be caused by pneumocephalus and/or intracranial hemorrhage
      3) Perform appropriate diagnostic tests

18. Provide postoperative care in clinic
   A. Remove nasal packing and splints
   B. Debride nasal crusting
   C. Assess for cerebrospinal fluid leak

19. Develop a plan for disease surveillance and survivorship for patients with skull base lesions using established guidelines (such as the NCCN)

**Recommended Reading**


### Head and Neck Paragangliomas

<table>
<thead>
<tr>
<th>Goal:</th>
<th>At the completion of the fellowship experience, the trainee should demonstrate proficiency in the evaluation and management of patients with head and neck paragangliomas.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Objective:</td>
<td>By the end of the fellowship, the fellow can:</td>
</tr>
</tbody>
</table>

1. List the most common head and neck paragangliomas and describe the relevant epidemiology of these tumors
2. Discuss the frequency of tumors that are malignant and bilateral
3. Describe the histologic make up of paragangliomas and how to determine if a paraganglioma is benign or malignant
4. Perform a thorough history and physical examination of head and neck
   - List the risk factors for developing paragangliomas
   - Elicit aspects of the history that may raise suspicion for a secretory tumor
   - Perform a detailed family history and identify familial syndromes that may be related to head and neck paragangliomas
   - Perform a relevant cranial nerve examination based on the location of the tumor
   - Evaluate for other tumors and/or associated lymphadenopathy
   - Perform fiberoptic laryngoscopy to assess for vocal fold mobility and laryngeal sensation
5. Choose the appropriate imaging work-up to complete evaluation of the primary tumor and to assess for multifocal tumors
6. Establish an appropriate differential diagnosis for vascular tumors of the head and neck
7. Select the appropriate tests to evaluate candidacy for carotid resection and vascular reconstruction
   - What is the false negative rate of this test? (10% stroke risk even following a successful balloon occlusion test)
   - What are options for vascular reconstruction and what additional tests may be needed (saphenous vein mapping)
8. Select the necessary tests to evaluate for secreting tumors in patients with a concerning history
9. Cite the different staging systems used to classify carotid body and jugular foramen/tympanic paragangliomas
10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
    - What are the treatment options: observation, surgical, external beam radiation, stereotactic radiosurgery, and palliation
    - For surgical patients, know when it is appropriate to consult additional services to assist with management [neuro-otology for tumors involving the temporal bone or lateral skull base, vascular surgery, neurosurgery (if skull base involvement is present), speech and swallowing therapy]
11. Describe the options for surgical approaches for carotid body, jugular foramen, tympanic, and vagal paragangliomas
12. Discuss points relevant to providing informed consent for such surgeries
13. Determine an appropriate surveillance regimen for individuals being managed with observation and what would be an indication to consider treatment
14. Recall the different genetic syndromes that may be associated with head and neck paragangliomas and when a genetics consult is indicated
   A. What is the frequency of genetic mutations in these tumors?
   B. What is the most common family of genes that are affected in patients with head and neck paragangliomas
15. Recognize the significance of bilateral tumors and how that impacts treatment decision planning and patient counseling
16. Perform core surgical procedures on neck paragangliomas as defined by the curriculum, based on the attestation of the program director
17. Recognize indications for adjuvant therapy following surgery for head and neck paragangliomas based on pathologic characteristics and operative findings
18. Recognize common complications head and neck paraganglioma surgery
19. Plan appropriate course of action for treating surgical complications of head and neck paraganglioma procedures
20. Utilize ancillary services such as speech therapy appropriately in treatment planning and long term care of patients suffering from head and neck paragangliomas
21. Formulate an evidence based surveillance program for head and neck paraganglioma survivors
22. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up

<table>
<thead>
<tr>
<th>Process:</th>
<th>By the end of fellowship the fellows have participated in a minimum number of surgical approaches/procedures based on the following list:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Transcervical approach to the parapharyngeal space and infratemporal fossa</td>
</tr>
<tr>
<td>2.</td>
<td>Transmandibular approach to the infratemporal fossa</td>
</tr>
<tr>
<td>3.</td>
<td>Preauricular approach to the jugular foramen (with or without associated mastoidectomy)</td>
</tr>
<tr>
<td>4.</td>
<td>Resection of head and neck paraganglioma</td>
</tr>
</tbody>
</table>

**Recommended reading for head and neck paragangliomas**


Neck

Goal: By the end of fellowship, the fellows have reach proficiency level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of the neck in patients with unknown primary, thyroid, cutaneous, salivary gland and mucosal upper aerodigestive tract malignancies.

Objective: By the end of the fellowship, the fellows can:

1. Describe the anatomy of the neck echelons using radiological and surgical landmarks
2. Describe the biologic cascade of events involved in the development of a cervical lymph node metastasis
3. Develop an evidence-based algorithm for the management of a neck mass including differential diagnosis, investigations and when a surgical resection for diagnosis may be required
4. Perform a thorough neck examination
5. Stage the neck for unknown primary/oropharynx cancers clinically and pathologically based on the current AJCC classification system
6. Describe nodal staging for other head and neck cancers based on the AJCC classification system
7. Recognize the indications for PET-CT, to include sensitivity and specificity in the assessment of a cancer of unknown primary, and the importance of the timing of the scan
8. Upon performing an excisional lymph node biopsy, develop an algorithm for the use of frozen section pathology and how this might impact the remainder of the procedure
9. Develop a thorough understanding of the incidence of cervical lymph node metastasis by primary tumor site and size
   A. Oral cavity
      1) oral tongue
      2) floor of mouth
      3) maxillary alveolus and hard palate
      4) buccal mucosa
   B. Oropharynx
      1) tonsillar fossa
      2) base of tongue
      3) soft palate
      4) pharyngeal wall
   C. Nasopharynx
   D. Hypopharynx
   E. Larynx
      1) supraglottis
      2) glottis
   F. Major salivary glands
   G. Thyroid
   H. Cutaneous
10. Describe the different types of neck dissection and the difference in technique, structures sacrificed or preserved and level dissected
A. Selective
B. Modified Radical
C. Radical

11. Describe the drainage patterns of different tumors sites to include cutaneous, oral cavity, nasopharynx, oropharynx, hypopharynx, and larynx

12. Recognize when bilateral metastases are a concern and recommend appropriate treatment

13. Recognize when the parotid bed is an at risk nodal basin warranting parotidectomy in conjunction with a formal neck dissection

14. Discuss when a central neck dissection is indicated for thyroid cancer

15. Discuss when a lateral neck dissection is indicated for thyroid cancer and which levels should be dissected and select appropriate neck treatment

16. Describe nodal staging for thyroid cancers based on the AJCC classification system

17. Describe and list the indications for neck dissection and levels of dissections for salivary gland malignancies

18. Describe and list the indications for neck dissection and levels of dissections for non-melanoma cutaneous malignancies of the head and neck (including lip)

19. Develop an understanding of the indications, risks and benefits of sentinel lymph node biopsy and completion lymphadenectomy in the management of head and neck melanoma with specific reference to:
   A. MSLT 1
   B. MSLT 2

20. Describe the current indications for adjuvant treatment based on pathologic nodal staging and operative findings and recommend appropriate adjuvant treatment

21. Recognize neck defects requiring regional and free flap reconstruction
   A. auriculectomy/parotidectomy
   B. radical neck dissection
   C. salvage neck

22. Consent a patient for neck dissection with appropriate recognition of associated risks and complications

23. Recognize and manage common complications of neck dissection

24. Recognize the common signs and symptoms of recurrent regional disease and plan an appropriate work up

25. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable adenopathy

**Process:** By the end of fellowship the fellows have participated in a minimum number of neck procedures based on the following list:

1. Open Neck Biopsy
2. Selective Neck Dissection (Supraomohyoid I-III; with and without level IIb)
3. Selective Neck Dissection (Lateral II-IV; with and without level IIb)
4. Selective Neck Dissection (Posterolateral II-V) with dissection of CN XI in the posterior triangle
5. Posterior lateral neck dissection (to include suboccipital and retroauricular nodes)
6. Modified Radical Neck Dissection (Types I, II, III)
7. Radical Neck Dissection (familiarity with sacrifice of CN XI, SCM, IJV)
8. Sentinel Lymph Node Biopsy

**Recommended Reading**

<table>
<thead>
<tr>
<th>Author(s)</th>
<th>Title and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crile G.</td>
<td>Landmark article: Excision of cancer of the head and neck with special reference to the plan of dissection based on one hundred and thirty-two operations. JAMA 1987;258:3286-3293. (historical interest)</td>
</tr>
</tbody>
</table>


## Thyroid

### Goal:
By the end of fellowship, the fellows have attained a proficient level of knowledge, skills and attitudes in diagnosis, surgical management and surveillance of benign and malignant diseases of the thyroid gland.

### Objectives:
After completing directed reading and educational activities in head and neck fellowship, the trainee will be able to:

1. Outline the embryology and anatomy of the thyroid and parathyroid glands
   - Describe the histologic appearance of normal thyroid tissue and the components of a thyroid follicle
   - Recognize the relationship of critical adjacent structures such as the recurrent and superior laryngeal nerves, as well as the relationship with the superior and inferior parathyroid glands
   - Predict when a non-recurrent laryngeal nerve may occur

2. Perform a complete history of a patient with suspected thyroid disease
   - Hyper and hypothyroid symptoms
   - Impact on voice and swallowing and/or dyspnea and hemoptysis
   - Describe the epidemiology of benign and malignant diseases of the thyroid gland.
   - List the risk factors for thyroid nodules and thyroid cancer including a history of prior neck surgery or radiation
   - Family history of thyroid cancer or multiple endocrine neoplasia

3. Perform a thorough oncologic examination of head and neck, with emphasis on the thyroid gland, the at-risk lymph node basins and the surrounding laryngotracheal complex
   - Perform fiberoptic laryngoscopy

4. Outline the initial next steps in evaluating patients with thyroid nodules based on the ATA Guidelines
   - Laboratory work-up
   - Ultrasound
     1) Describe the ultrasonographic risk stratification of a thyroid nodule and indications for fine needle aspiration
   - Describe the Bethesda Classification for the cytologic interpretations of thyroid lesions
   - Indications for molecular testing of indeterminate thyroid FNA specimens

5. Form a differential diagnosis of thyroid lesions based on the findings of this initial work up

6. Formulate non-surgical and surgical treatment options for a benign thyroid nodule

7. Recognize the typical presentation of benign or malignant thyroid tumors and certain signs and symptoms that might suggest a more aggressive behavior
   - Understand how your approach may differ for rapidly growing thyroid lesions
   - Outline an approach to airway management in individuals with suspected anaplastic thyroid cancer

8. Stage different thyroid malignancies accurately based on AJCC classification system
9. Recognize when to consider additional work up
   A. Indications for CT of the chest, MRI and/or PET CT
   B. Panendoscopy

10. Formulate a treatment plan based on the characteristics of the disease and specific needs of the patient
    A. What are the treatment options: surgical, nonsurgical, palliation
    B. For surgical patients, plan appropriately to consult additional services to assist with management (Thoracic surgery for significant substernal involvement, tracheal involvement and/or esophageal involvement)
    C. Develop a plan for a pregnant patient with a newly diagnosed well differentiated thyroid cancer
    D. Outline a treatment algorithm for a patient with MEN 2a or 2b without evidence of a thyroid lesion

11. List the indications for elective neck dissection in N0 thyroid malignancies and how this might differ based on primary disease pathology

12. Outline an appropriate management strategy for patients with N+ disease

13. Outline the risks of primary and revision surgery for thyroid malignancies

14. Discuss the benefits and limitations of recurrent laryngeal nerve monitoring

15. Describe and perform the different approaches to identify and preserve the recurrent and superior laryngeal nerve during central neck surgery
   A. Recognize when to consider resection of an involved recurrent laryngeal nerve
   B. Outline an approach to rehabilitation of a patient needing recurrent nerve resection or suffering from a nerve injury
      1) Primary repair
      2) Cable graft
      3) Ansa to distal nerve repair
      4) Secondary approaches to vocal fold paresis and paralysis

16. Incorporate endocrinology in the multidisciplinary care of benign and malignant thyroid diseases

17. Perform core procedures in surgery on the thyroid gland as defined by the curriculum, based on the attestation of the program director

18. Identify the classic histopathologic findings for papillary thyroid cancer, follicular thyroid cancer, medullary thyroid cancer, anaplastic thyroid cancer, and thyroid lymphoma

19. Discuss indications for adjuvant therapy following surgery for thyroid cancer based on staging, pathologic characteristics, operative findings, and post-surgical imaging (radioactive iodine scan) and recommend adjuvant treatments when appropriate
   A. When is RAI indicated
   B. When to consider external beam radiation therapy
   C. What options exist for recurrent and metastatic disease
      1) Additional surgery
      2) Additional RAI
      3) Tyrosine kinase inhibitors

20. Describe and discuss the current status of molecular testing of thyroid cancers

21. Recognize common complications of following thyroid and lateral neck surgery
22. Plan appropriate course of action for treating surgical complications of thyroid procedures
23. Analyze clinical findings and radiologic studies appropriately to distinguish surgically resectable from unresectable thyroid lesions
24. Discuss and recommend non-surgical options in the treatment of thyroid cancers
25. Utilize ancillary services such as nutrition and speech therapy appropriately in treatment planning and long term care of thyroid cancer patients
26. Formulate an evidence based surveillance program for thyroid cancer survivors based on established guidelines (such as NCCN)
   A. Appropriately use these tests in surveillance:
      1) TSH, Tg, Anti-Tg Ab
      2) Neck ultrasound
      3) When to consider chest imaging and/or PET/CT (for non-avid well differentiated thyroid cancer or for medullary and anaplastic thyroid cancer)
27. Recognize the common signs and symptoms of recurrent disease and plan an appropriate work up plan

Process: By the end of fellowship the fellows have participated in a minimum number of thyroid procedures based on the following list:

1. Thyroidectomy, lobectomy and total
2. Central neck dissection
3. Lateral neck dissection
4. Upper aerodigestive tract resection as a part of ablative procedure for thyroid cancer
5. Laryngotraceal reconstruction
6. Parathyroid autotransplantation
7. Goiter surgery – transcervical and transsternal
8. Intraoperative nerve monitoring

Recommended Reading

American Head & Neck Society
National Standardized Head & Neck Fellowship Curriculum
Goals & Objectives & Recommended Syllabus


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Parathyroid

Goal: At the completion of the fellowship experience, the trainee should demonstrate proficiency in the diagnosis, management and appropriate surveillance for patients with primary, secondary and tertiary hyperparathyroidism.

Objective: By the end of the fellowship the graduate is able to:

1. Describe the embryologic origin and development of the superior and inferior parathyroid glands and detail their anatomic relationship to the recurrent laryngeal nerve
2. Describe how embryology influences the location of the superior and inferior parathyroid glands including common ectopic (and supernumerary) locations
3. Describe the physiologic cycle of PTH production, half-life and explain its clinical significance
4. Describe the role of PTH and its physiologic actions on the various organ systems specifically bones, kidneys and intestinal system
5. Describe the mechanisms behind calcium and phosphate homeostasis, and the role of Vitamin D
6. Identify the histopathologic differences between normal parathyroid gland, carcinoma, adenoma and hyperplasia
7. Perform a complete history and physical exam of a patient with hyperparathyroidism
   A. symptoms including bone pain, fatigue etc
   B. family history, including MEN syndrome
   C. medication history including diuretics
   D. renal calculi and calcinosis
   E. prior neck/parathyroid surgery
   F. rule in/out MEN syndrome, referral for genetic counseling/testing when indicated
   G. perform flexible laryngoscopy
8. Plan a diagnostic workup for patients presenting with suspected primary hyperparathyroidism
   A. Preoperative PTH and calcium levels
   B. Role of dxa scan
   C. Role of 24-hr urinary calcium and creatinine, rule out FHH
   D. Vitamin D levels
9. Discuss in detail the scope and limitations/sensitivity and specificity of the radiologic investigations available for localization and select the appropriate study based on patient and disease characteristics
   A. Ultrasound (surgeon vs radiologist-performed)
   B. Te99 Sestamibi and SPECT/CT fusion
   C. MRI
   D. 4-D CT
10. List the indications for surgery in patients with hyperparathyroidism (symptomatic and asymptomatic) and formulate an appropriate surgical plan based on national guidelines
11. Appropriately treat Vitamin D deficiency
12. Discuss the role of intraoperative recurrent laryngeal nerve monitoring
13. Discuss how to utilize intraoperative PTH monitoring as a measure of success of surgery
14. Discuss the surgical management of solitary adenoma vs four gland hyperplasia, and identify which patients are candidates for a minimally invasive/unilateral approach.

15. Discuss the role of parathyroid auto-transplantation and cryopreservation and perform these procedures in appropriate patients.

16. Identify secondary hyperparathyroidism patients appropriately and plan treatment accordingly.

17. Identify patients with tertiary hyperparathyroidism/ESRD who are candidates for parathyroid surgery and formulate an appropriate surgical plan with regards to the extent of surgery.

18. Counsel patients regarding the possibility of surgical failure and the need for reoperation in the future.

19. Formulate an appropriate work up in patients who are candidates for re-operative parathyroid surgery including:
   - A. Review and discussion of prior operative reports and previous pathology
   - B. Select appropriate imaging modalities
   - C. Discuss the role of invasive techniques such as selective venous sampling and arteriography
   - D. Utilize Intraoperative FNA, PTH wash and frozen section control
   - E. Select lateral vs central approach
   - F. Discuss radio-guided parathyroid surgery and offer this technique in appropriate cases

20. Discuss the aggressive nature of parathyroid carcinoma and its surgical management.

21. Recognize the clinical signs suspicious for diagnosis of parathyroid carcinoma.

22. Describe the setup and instruments required for endoscopic parathyroid surgery.

23. Discuss and recommend non-surgical options available to patients who are not surgical candidates or who elect to defer surgery.
   - A. Bisphosphonates
   - B. Calcimimetics
   - C. Ethanol ablation

24. Recognize the importance of multimodality management of parathyroid disease and establish working relationship with endocrinologist in management of parathyroid disease.

**Recommended Reading**


Microvascular Reconstruction

**Goal:** At the completion of the fellowship experience, the trainee should demonstrate understanding of the functional and cosmetic consequences of the full array of soft tissue and bony defects of the head and neck. The fellow should be able to identify defects that are appropriate for advanced reconstructive procedures with an aim to collaborate with head and neck reconstructive surgeons for joint care of patients.

**Objectives:** After completing directed reading and educational activities in head and neck fellowship, the trainee will be able to:

**General Reconstructive Principles:**

1. Anticipate surgical defects based on pre-operative physical exam and imaging characteristics
2. Describe and discuss general reconstructive goals for head and neck defects, including functional restoration, durability, optimal aesthetics, limited donor site morbidity, and quality of life enhancement
3. Indicate how these goals are impacted by various reconstructive approaches
4. Recognize the importance of patient-specific goals in the process of reconstructive planning
5. Describe the reconstructive ladder for the following defects:
   - A. Oral cavity
     1) Hemiglossectomy
     2) Floor of mouth defect without bone resection
     3) Total/subtotal glossectomy
     4) Anterior mandible resection
     5) Lateral mandible resection
     6) Through and through resection (mandible resection with associated mucosal and skin defects)
     7) Subtotal lip defects
   - B. Oropharyngeal
   - C. Total laryngectomy
   - D. Laryngopharyngectomy
   - E. Infrastructure maxillectomy
   - F. Total maxillectomy including orbital floor, with orbit preservation
   - G. Total maxillectomy with orbital exenteration
   - H. Resection of anterior skull base
   - I. Total parotidectomy defect with or without facial nerve resection
6. Outline necessary pre-operative evaluations needed to assess candidacy for certain free flap donor sites
   - A. Allen’s test
   - B. Lower extremity MRA/CTA or Doppler evaluation for 3-vessel run off
   - C. Assessment of foot neurovascular status
7. Discuss the relative importance of nutrition in reconstruction; identify methods to optimize nutrition prior to advanced reconstructive surgery
8. Describe the angiosome concept and and discuss how it impacts flap selection and design
9. Prepare various recipient vessels (including internal mammary vessels)
10. Perform accurate, efficient and durable microvascular anastomoses; design pedicle geometry to maximize flap survival. Have the ability to perform hand-sewn venous anastomosis including end-to-side orientation.

11. List signs of vascular (arterial and/or venous) compromise after flap reconstruction; describe methods for flap monitoring and recall the pros, cons, and practical utility of each approach.

12. Explain the concept of ischemia-reperfusion injury and understand the relevance to reconstruction with microvascular free tissue transfer.

13. Describe the methods of antithrombotic prophylaxis; explain the physiology of each approach and its utility after microvascular free tissue transfer.

14. Outline the indications and methodology for leech therapy; describe the medical implications (e.g., blood loss, infection, etc.) and appropriate management.

15. List the complications of various reconstructive approaches and describe the appropriate management strategy for each.

16. Formulate a plan to manage flap failure including initial approach to revascularization and subsequent secondary reconstructive approaches for unsalvageable flaps.

17. Develop an appropriate plan for functional rehabilitation for both donor and recipient sites after reconstructive surgery.

**Fasciocutaneous, myocutaneous, and enteric flaps:**

1. Catalogue the available soft tissue armamentarium with respect to:
   - Flap soft tissue characteristics such as bulk, pliability and epithelial lining
   - Pedicle length
   - Donor site morbidity
   - Availability of a source for nerve grafting
   - Simultaneous two-team harvest
   - Free versus pedicled flap opportunities

2. Assess the soft tissue needs (bulk, epithelial surfaces, and shape) for various defects of the head and neck including:
   - Floor of mouth defects
   - Oral tongue defects: partial glossectomy, hemiglossectomy, near-total glossectomy, and total glossectomy
   - Buccal and retromolar trigone defects
   - Palate defects
   - Pharyngeal defects (partial and total)
   - Complex skin and soft tissue defects of head and neck, including lip, chin, orbit, parotid bed, scalp, and nasal defects
   - Skull base defects

3. Choose optimal flap(s) for each of the aforementioned defects such that function and/or cosmesis is maximized.

4. Define the surgical anatomy and relevant vascular and neuronal elements of the soft tissue reconstructive armamentarium.

5. Master the elevation and preparation of the following free fasciocutaneous or myocutaneous flaps:
   - Radial forearm
   - Anterolateral thigh
6. Select an enteric flap for total pharyngeal reconstruction when appropriate; in particular, consider gastro-omental or jejunal flaps for high risk total pharyngeal defects

7. Evaluate patients for eligibility for various soft tissue flaps, considering comorbidities, donor site implications and functional status

8. Recommend when a local or pedicled flap is an appropriate alternative to free tissue

9. Reach proficiency level in harvest and preparation of the major regional pedicled flaps: pectoralis major, latissimus dorsi, supraclavicular, submental island, sternocleidomastoid and deltopectoral flaps

10. Diagnose an unsafe recipient wound for free tissue transfer and outline techniques to stabilize and maximize wound healing (initial decontamination and wound packing, introduce vascularized tissue, divert fistulae, advanced wound care/dressings)

11. Formulate a plan to manage partial and total soft tissue flap failure with respect to long term function

12. Implement speech, swallowing and donor site rehabilitation strategies for each defect and flap type

Osteocutaneous flaps:

1. Perform appropriate examination of head and neck defects/potential defects and flap donor sites

2. Describe a logical methodology for donor site selection based on:
   A. tissue needs for defect reconstruction
   B. optimal functional outcome
   C. donor site morbidity profile
   D. patient medical history and comorbidities
   E. patient lifestyle concerns

3. Define the anatomy and relevant vascular and neuronal elements of fibula, scapula, iliac crest, and radial forearm osteocutaneous free flaps

4. Recognize the advantages and disadvantages of the different osteocutaneous free flaps; identify the quality and quantity of bone from each and its functional capacity (e.g., likelihood of osseointegration, ability to bear implants for dental rehabilitation, etc.)

5. Demonstrate effective and efficient harvesting and inset techniques for osteocutaneous free flaps

6. Review the concepts of bone healing and its relationship to load and stress

7. Develop effective plans for reconstruction of mandible and midface bony defects; describe the process for and utility of pre-operative three-dimensional modeling and custom plate design

8. Discuss methods to reduce complications, including plate or bone fracture or extrusion

9. Formulate a plan to manage partial and total flap failure

10. Recall alternatives to osteocutaneous free flaps when their use is not medically appropriate
11. Discuss the process of and options for dental rehabilitation; recognize the advantages and disadvantages of primary vs. secondary osseointegrated implant placement.

12. Discuss the role and limitations of computer image modeling and cutting guides in fibular free flap reconstruction.

13. Recognize the sign and symptoms of plate failure and osteoradionecrosis and formulate a plan for management.

**Process: At the completion of the fellowship experience, the trainee should have participated in 25 major head and neck surgeries requiring free flap reconstruction:**

The trainee should have detailed knowledge of the harvest techniques for the following:

**Pedicled flaps:**
- pectoralis major
- latissimus dorsi
- sternocleidomastoid
- supraclavicular
- submental

**Free flaps:**
- radial forearm
- anterolateral thigh
- fibula
- scapula
- latissimus dorsi

**Site-based reconstructions:** During the course of their training, the fellow should receive exposure to at least 2 free flap reconstructions of the following sites:
- oral cavity (soft tissue)
- oral cavity (bone)
- pharynx
- midface (soft tissue)
- midface (bone)
- face/neck/scalp
- parotid/ear

**Recommended Reading for Head & Neck Reconstruction & Microvascular Surgery**


Microsurgical Reconstruction of the Head and Neck. Peter C. Neligan and Fu-Chan Wei.

Ethics

**Goal:** At the completion of the fellowship experience, the trainee should demonstrate proficiency in clinical, professional and research ethics.

**Objective:** By the end of the fellowship, the fellows can:

**Philosophical Basis for Medical Ethics**

1. Define autonomy, paternalism, shared decision making, directive counsel, abandonment, personhood
2. Describe and critique different ethical frameworks:
   - A. Principilism v. casuistry
   - B. Virtue Ethics
   - C. Deontology (Duty-based ethics, fiduciary)
   - D. Consequentialism
   - E. Narrative inquiry
   - F. Justice theory

**Clinical Ethics**

1. Contrast the terms competence and capacity
   - A. List the elements required to determine medical decision-making capacity
   - B. Understand the importance of making wishes known and the possibility of loss of capacity
2. Recognize the ethical and legal guidelines governing privacy and confidentiality
   - A. HIPAA
   - B. Hippocratic Oath
   - C. Institutional regulation thereof
3. Prepare for advance care planning
   - A. Demonstrate the ability to introduce advance care planning in the outpatient setting
   - B. Differentiate various forms of advance directive documents, e.g. directive to physicians, medical power of attorney, DNAR (in-patient v. out-patient)
   - C. Describe how to implement an advance directive in clinical care
   - D. Know the legal ramifications of advance care documentation
4. Differentiate the levels of surrogate decision making including advance directive, legal guardian, medical (durable) power of attorney, health care agent, next of kin, surrogate of highest priority, best interest standard (as compared to patient preference and substituted judgment)
   - A. Understand management options for the unbefriended adult
5. Prepare for and effectively share the delivery of difficult information (breaking bad news), active listening, engagement
6. Interpret patient-centric, goal-oriented risks and benefits for individual patient decisions
7. Define the doctrine of double effect and explain how it is applied in the contexts of pain management and proportional palliative sedation
8. Employ basic and advanced techniques of facilitating medical decision making
American Head & Neck Society
National Standardized Head & Neck Fellowship Curriculum
Goals & Objectives & Recommended Syllabus

A. Motivational interviewing; shared decision making; risk stratification; outcomes and discharge destination prognostication

9. Use evidence-based decision-making for emergency airway management

10. Contrast palliative medicine and hospice care
   A. Practice meticulous symptom management for all patients with head and neck cancer from early to advanced, from survivorship to end of life care.
   B. Cooperate with specialists from palliative medicine and other relevant specialties to provide optimal care for individual patients and their caregivers
   C. Describe the evolving role of artificial nutrition and hydration from diagnosis of head and neck cancer to cachexia in advanced head and neck cancer
      1) Distinguish eating/drinking, from artificial nutrition/hydration from a legal, philosophical, and ethical perspective
   D. Define existential suffering and how it interferes with quality of life; distinguish pain v. suffering

11. Appraise critically the arguments for and against physician aid in dying in the context of advanced head & neck cancer

Professional Ethics

1. Demonstrate integrity, honesty and professional boundaries
   A. Explore the necessary traits and virtues of a physician, e.g. tolerance, moral courage, self-reflection, empathy, truth telling, integrity, humility, etc.
   B. Explain the importance of cultural competence
   C. Select strategies for identifying and controlling for unconscious bias
   D. Critically appraise the role of social media in defining or dissolving boundaries

2. Choose appropriate methods of error disclosure and understand the evidence and ethics thereof

3. Recommend resources for the impaired physician and reporting requirements

4. Manage billing and compliance and appreciate ethical components considering legal and regulatory precedent

5. Describe conflicts of interest and commitment
   A. Financial, intellectual, leadership

6. Discuss the role of industry in the development and control of biomedical advances
   A. Exemplify responsible and fair interaction with industry
   B. Relate inherent limitations of direct-to-consumer marketing

7. Recognize the challenges of scarce resource allocation and rationing
   A. Evaluate the impact of national policy on healthcare at the micro and macro levels
   B. Contextualize marginalized populations and disparities in cancer treatment

8. Apply sound educational and ethical principles to trainee supervision

9. Recognize the signs of burnout and select coping strategies for self-care

Research Ethics

10. Demonstrate protection of human subjects as stipulated in the Belmont Report, and the Common rule

11. Complete informed consent for research
12. Describe basic IRB regulations and processes
13. Understand fundamental ethical differences between clinical care versus research, duties to patient v. research participants (fiduciary v. protective)
14. Describe the concept of the therapeutic misconception

<table>
<thead>
<tr>
<th>Process: By the end of fellowship, the fellows have participated in a minimum number of:</th>
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<tbody>
<tr>
<td>1. Family meetings to discuss treatment options, possible outcomes, caregiving responsibilities</td>
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<tr>
<td>2. Advance care planning discussions, including execution of advance directives, physician orders for life sustaining treatment, Do Not Attempt Resuscitation Orders (both inpatient and out of hospital DNAR)</td>
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<tr>
<td>3. Determinations of appropriate surrogate decision maker for patients, including for patients without an identified surrogate</td>
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<tr>
<td>4. Management of complex symptoms with multimodality pain medication considering both the benefits and the risks of opioids</td>
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<tr>
<td>5. Discuss and observe the process of withdrawal of technology to allow natural death</td>
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<tr>
<td>6. Obtain informed consent for clinical trials</td>
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<tr>
<td>7. Participate in completion of an IRB application for human subjects research, completion of the CITI course or equivalent, or attend a session dedicated to core reading</td>
</tr>
</tbody>
</table>

**Recommended Reading**


American Head & Neck Society
National Standardized Head & Neck Fellowship Curriculum
Goals & Objectives & Recommended Syllabus

Charon R. Narrative and medicine. NEJM. 2004;350(9):862-4.
Coulehan, JL, Platt, FW, Egener, B, Frankel, Lin, CT, Lown, B, Salazar, WH. “Let Me See If I Have This Right…": Words That Help Build Empathy. Annals of Internal Medicine 2001;135(3), 221-227.
Peabody FW. The care of the patient. JAMA 1927;88(12):877-82.
Recommended Books


Basic Science

<table>
<thead>
<tr>
<th>Goal:</th>
<th>By the end of the fellowship, the trainee is proficient in Fundamentals of Cancer Biology / Immunology in head and neck oncology</th>
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<tbody>
<tr>
<td>Objectives:</td>
<td>After completing directed reading and educational activities in head and neck fellowship, the trainee will be able to:</td>
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</tbody>
</table>

Cancer Biology

1. DEFINE the hallmarks of cancer
2. DISCUSS the major genomic alterations and known & hypothesized functional impact of such alterations in malignancies of the head and neck
3. DESCRIBE the mechanism of action of approved chemotherapeutic and molecular targeted agents used to treat head and neck malignancies
4. LIST and DESCRIBE different molecular and genetic tests used in the diagnosis and workup for head and neck malignancies
5. EXPLAIN how molecular and genetic testing for thyroid nodules was developed and the utility of these tests in the workup of thyroid nodules
6. APPLY molecular and genetic tests for the diagnosis and workup of head and neck malignancies and
7. AVOID unnecessary utilization of such tests

Cancer Immunology

1. DESCRIBE the mediators and process of both passive and active immunity
2. SUMMARIZE the process of antigen presentation and T-Cell responses
3. OUTLINE the process of immune evasion during tumorigenesis
4. EXPLAIN the mechanism of action of immune checkpoint inhibitors

Process

1. Dedicated Reading - The trainee will critically read, summarize, and interpret selected fundamental materials (see reading list)
2. Mentorship – The fellowship program should designate basic/translational scientists/collaborators that will interact regularly with the trainee in various capacities
3. Journal club sessions – a proportion of journal club sessions should focus on cancer biology/immunology. Trainees should learn to critically review basic/translational research and discuss implications or potential applications of such research
4. Attend Institutional/Regional/National meetings and attend dedicated sessions to cancer biology/immunology
Recommended Reading

Cancer Biology


Comprehensive genomic characterization of head and neck squamous cell carcinomas. Nature 2015;517(7536), 576-582. doi:10.1038/nature14129


Cancer Immunology


Clinical Research

Goal: By the end of the fellowship the trainee is proficient in Fundamentals of Clinical Research Design & Fundamentals of Statistical Analysis

Objectives: After completing directed reading and educational activities in head and neck fellowship, the trainee will be able to:

Fundamentals of Clinical Research Design

1. STATE the differences in the objectives and design of clinical trials:
   A. Phase I
   B. Phase II
   C. Phase III
2. SUMMARIZE core ethical standards in human subjects research
3. DEVELOP a clinical research project
4. EXPLAIN the process of IRB review and factors under consideration when a protocol is reviewed
5. OUTLINE the process when opening multi-institutional and/or cooperative group trials
6. RECOGNIZE financial considerations when conducting a clinical trials and LIST various funding options
7. DESCRIBE how to develop a biorepository and how surgeons can play a key role in quality tissue and data acquisition.

Fundamentals of Statistical Analysis

1. Cite the application for the different observational study designs:
   A. Case report/case series
   B. Case-control studies
   C. Cohort studies
2. Define the indications for a systematic review and how this research strategy differs from a literature review
3. Define how a meta-analysis differs from a systematic review
4. Recite the advantages and disadvantages of a randomized controlled trial
5. DEFINE Type I and Type II Error.
6. STATE the definition of a “p” value and a confidence interval
7. INTERPRET common statistical analyses to include:
   A. Descriptive statistics – basic parametric and non-parametric tests
   B. Student’s t-test
   C. Chi-Square test/Fisher’s exact testing
   D. Kaplan Meier Survival Analysis and interpret the Log Rank Test
   E. Univariate analysis
   F. Multivariable regression models
      1) Linear regression
2) Logistic regression
3) Cox regression

8. List various types of research bias

<table>
<thead>
<tr>
<th>Process: By the end of fellowship the fellows have participated in the following list of research educational opportunities:</th>
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<tbody>
<tr>
<td>1. Dedicated didactic instruction (eg. lectures, journal club, etc.) focused on topics above</td>
</tr>
<tr>
<td>2. Identification of a clinical research mentor: fellows should identify surgeons/medical oncologists/radiation oncologists with clinical research and clinical trial experience</td>
</tr>
<tr>
<td>3. Complete a research project to include generation of a hypothesis, development of study design/methodology, submission of an IRB if appropriate, data collection, statistical analysis, and manuscript development</td>
</tr>
<tr>
<td>4. Attend an IRB / PRMC meeting (encouraged but not mandatory)</td>
</tr>
<tr>
<td>5. Attend at least one national meeting (AHNS, AAO-HNS, ASCO, etc.)</td>
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</tbody>
</table>

**Recommended Reading** (**indicates mandatory; others are recommended)**


