Thank you for your interest in submitting an abstract for the 2019 AHNS Annual Meeting, held during the Combined Otolaryngology Spring Meetings (COSM). This document is intended to be your guide in using the online submission software and we strongly suggest you print this out for future reference. If you have any questions regarding the abstract process or the use of the submission site, please call 310-437-0559 and ask to speak to Dan Berlant (x118) or Jason Levine (x100). You may also email abstracts -AT- ahns -DOT- info with your questions and comments.

The abstract submission system includes the following features:

User Accounts:

All users must register to use the system. All abstracts submitted by an account can be viewed and managed from the account. Abstracts may be edited or deleted without having to contact the AHNS office.

Save for Later:

If you need to leave before finishing a submission, simply logout and log back in later. Your abstract will be saved at the last point you saved data.

Improved Support for Special Characters, Images, and Table:

Most of the standard ASCII character set can be copied from your word processor and into the abstract text. Abstracts may now contain formatting, multiple images and tables, and improved scientific character recognition.

IMPORTANT DATE:

THE SUBMISSION DEADLINE FOR ALL ABSTRACTS IS OCTOBER 26, 2018 5:00 PM PDT

(The deadline will not be extended and no late submissions will be accepted!)

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Part 1 – Accessing the Abstract Submission Site

To access the abstract submission site, please go to the following page:

http://www.ahns.info/meetings/abstracts/

On that page, you will see a link to access the abstract submission site. Please follow that link after reading the instructions on the AHNS site.

After following the link you should see a page similar to the following:

Abstract Submission and Management

Welcome to the online abstract submission site for the 2019 AHNS Annual Meeting, held during the Combined Otolaryngology Spring Meetings (COSM)

May 1-2, 2019

at the JW Marriott Austin in Austin, TX

SUBMISSION DEADLINE:

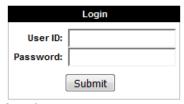
Friday, October 26, 2018 - 5:00 PM PT

NOTE: ALL content authors are required to disclose any financial relationship(s) with an <u>ACCME-defined commercial interest</u> ("industry"). AHNS considers the presenter of a proffered paper to be in control of the content. Thus, employees of commercial interests may not be the presenter for abstracts submitted to AHNS meetings.

Please visit the following web page for other rules, guidelines, and instructions:

http://www.ahns.info/meetings/abstracts/

ALL submitters MUST create a new account to submit an abstract. Accounts created in the past submission run will no longer work. (the link to create a new account is below the login box).



Attention:

- Need to create an account? Click here
- Forgot your password? <u>Click here</u>

This is the entry page for the abstract software. **ALL submitters MUST create an account to submit an abstract.** The link to create an account is found just below the login box.

Part 1a - Technical Requirements

We have tested the software with multiple browsers and operating systems. Please use one of the following to access the abstract submission system.

Browsers:

Windows:

MS Internet Explorer 10 or newer Current versions of:

- Firefox
- Chrome

Macintosh:

Current versions of:

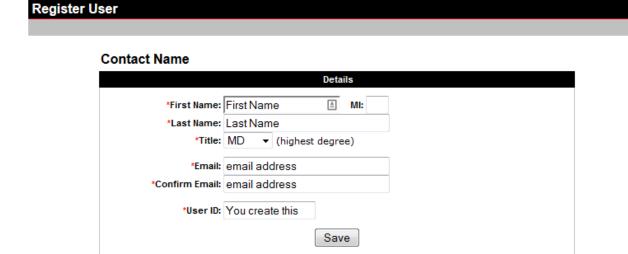
- Safari
- Firefox
- Chrome

Mobile Devices:

We do not currently support mobile browsers

Part 2 - Creating a New Account

You must create an account before you can submit abstracts for this meeting. Each user account can submit an unlimited number of abstracts. If your institution is planning on submitting multiple abstracts, it may be to your benefit to coordinate all submissions under one account for easier management. Once you have clicked on the link to create a new account (from Part 1), you will see the following screen:



Please fill out this form completely, as all fields (except Middle Initial) are required. This is the main Contact Name for the entire account. Individual abstracts can have a different contact name if desired.

You **MUST** enter a valid email address and you **MUST** be able to check that address for new messages to receive the password to log in. Additionally we recommend you white list @submitmyabstract.com email addresses in your spam filter to prevent the message from being blocked. Passwords are automatically generated and emailed to verify the email address. This step is necessary because we will be conducting communications almost entirely by email. After submitting the above form, you should receive the password by email within 5 minutes. If no email is received after 10 minutes, please contact the AHNS Office for assistance.

Part 3 - Logging In

By now, you have created an account using the form from Part 2 and you have received your password by email to the address you provided. The randomly generated password will look something like this:

6TZIdrK3S2

Follow the link in the email to go back to the abstract site login screen and enter the User ID you created into the User ID box (see below). The passwords **ARE CASE SENSITIVE**, so you must enter capital and lowercase letters exactly as shown in the email. **We suggest that you copy and paste the password from the email into the login box.** Once you have entered your User ID and password, click the **Submit** button to log in.

Abstract Submission and Management

Welcome to the online abstract submission site for the 2019 AHNS Annual Meeting, held during the Combined Otolaryngology Spring Meetings (COSM) May 1-2, 2019 at the JW Marriott Austin in Austin, TX

SUBMISSION DEADLINE:

Friday, October 26, 2018 - 5:00 PM PT

NOTE: ALL content authors are required to disclose any financial relationship(s) with an <u>ACCME-defined commercial interest</u> ("industry"). AHNS considers the presenter of a proffered paper to be in control of the content. Thus, employees of commercial interests may not be the presenter for abstracts submitted to AHNS meetings.

Please visit the following web page for other rules, guidelines, and instructions:

http://www.ahns.info/meetings/abstracts/

ALL submitters MUST create a new account to submit an abstract. Accounts created in the past submission run will no longer work. (the link to create a new account is below the login box).



Attention:

- Need to create an account? <u>Click here</u>
- Forgot your password? <u>Click here</u>

Part3a - Resetting a Forgotten Password

Upon clicking the "Forgot your password? Click here" link on the login screen, you will be taken to the password reset screen:

Abstract Submission and Management



Enter **EITHER** your user ID **OR** your email address above and click the **Submit** button. The password for that account will be reset to a new randomly generated value and emailed to the address provided when you created the account. If you do not receive the new password within 5 or 10 minutes, please contact the <u>AHNS office</u> for technical support.

Display: All

Part 4 - The Main Menu

Abstracts

After a successful login, you will see the following screen:



Because this is your first time logged in, you have no abstracts in the system.

To begin submitting a new abstract, click the "New Abstract" link at the top of the page (go to Part 5).

Abstract Submission and Management

** Main Menu | New Abstract*

User ID: testuser | loqout*

There are currently no abstract in your inbox. Please click on "New Abstract" in the menu bar to create a new abstract.

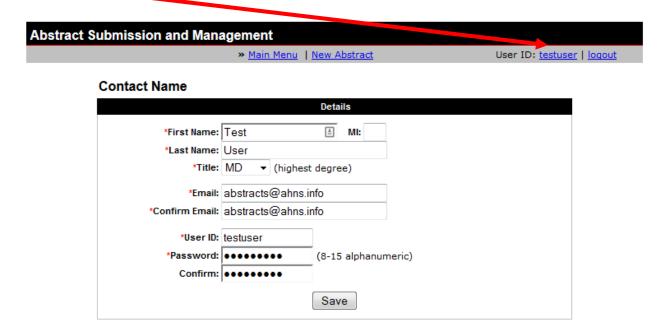
To change the randomly generated password, **click on your user ID** at the top right of the screen (go to Part 4a).



There are currently no abstract in your inbox. Please click on "New Abstract" in the menu bar to create a new abstract.

Part 4a - Changing the Password

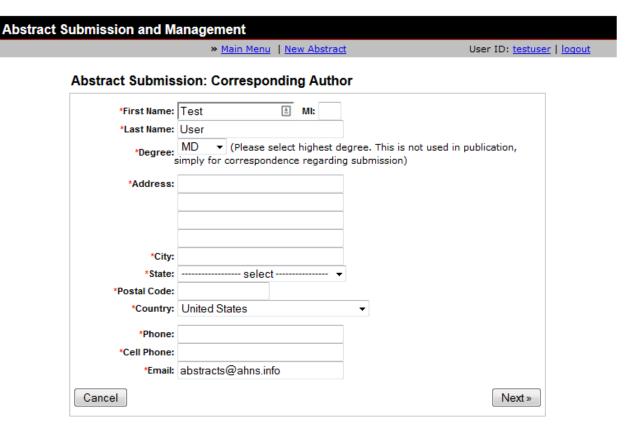
To change the randomly generated password to something easier to remember and type, click on your **User ID** at the top right of the main menu. You will see the following screen:



To change the password, first enter your email address in the "Confirm Email" text box and then simply enter the new password in the Password and Confirm fields and click the **Save** button. You will see a message at the top of the screen if the information was saved successfully. At that point, you can **Logout**, return to the **Main Menu** or begin a **New Abstract**.

Part 5 – Submitting a New Abstract || Step 1 – Contact Information

When you click on the **New Abstract** button at the top of the Main Menu, you are taken to the following screen:



All fields marked with the **red asterisk** (*) are required and may not be left blank. The system assumes that the Contact Name of the account will also be the contact for the abstract, but you may change this if you wish.

Please enter a valid postal address as well as a valid phone number and email address. Entering a fax number is optional but highly recommended.

Click the **Next** button at the bottom of the page to continue, or click the **Cancel** button to discard this abstract and return to the Main Menu.

Part 5 – Submitting a New Abstract || Step 2 – Title, Authors & Institutions

	» Main Menu New Abstract	User ID: testuse
Abstract Submission: Titles, Authors & Institutions		
*Abstract Title:		
*Author(s):		
<< Back	Add Author	Save & Continue >>
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of the presentation. Failuresult in the withdrawal of Glossary of Terms: Commercial Interest - A distributing health care of	ddition, all affirmative disclosures must be re ire or refusal to disclose or the inability to re of the invitation to participate. commercial interest is any entity producing, goods or services consumed by, or used on,	evealed by a slide at the beginning solve the identified conflict will marketing, re-selling, or patients. The ACCME does not
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of the presentation. Failuresult in the withdrawal of Glossary of Terms: Commercial Interest - A distributing health care g consider providers of clir Financial Relationships - receiving a salary, royal' (e.g., stocks, stock optio financial benefit. Financia position, independent comembership on advisory which remuneration is rethe CME activity to inclus Relevant Financial Relatiinterests in the 12-month controlling content of the be significant. Inherent in	ddition, all affirmative disclosures must be re- ire or refusal to disclose or the inability to re- if the invitation to participate. commercial interest is any entity producing, poods or services consumed by, or used on, nical service directly to patients to be comme Financial relationships are those relationship- ty, intellectual property rights, consulting fee ns or other ownership interest, excluding divided benefits are usually associated with roles in intractor (including contracted research), cor committees or review panels, board memb exceived, or expected. ACCME considers relations to the contract of the considers relationship to the contract of the considers relationship to the considership to th	marketing, re-selling, or patients. The ACCME does not ercial interests. It is in which the individual benefits to the resident as employment, management is ultimate, so the resident as employment, management is ultimate, and other activities from ionships of the person involved interest. It is being asked to assume a role dollar amount for relationships to increase the value of the

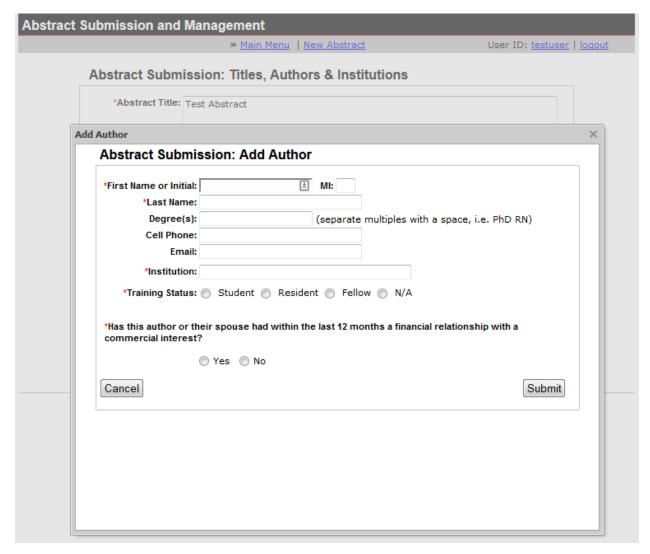
Enter the abstract title in the first field on this screen. The title is limited to 254 characters.

financial relationship.

affect CME content about products or services of a commercial interest with which he/she has a

Enter all of the institutions for the abstract authors on the next line. This field is also limited to 254 characters.

Click Add Author to begin adding the First (Primary) Author.

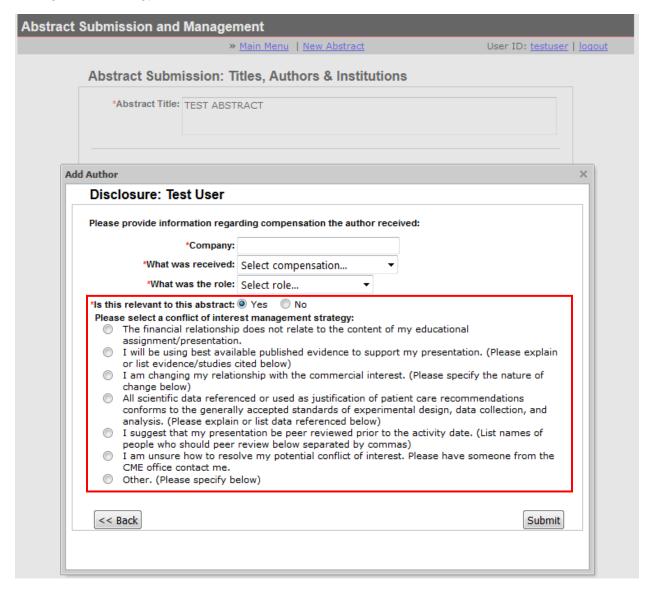


Enter in the author's name and use the Presenter check-off to indicate whether the author will present the abstract at the AHNS Session if it is accepted. Then check-off if there is a relevant financial relationship to disclose for the author or their spouse.

AHNS, adhering to the policies of the ACCME, must insure balance, independence, objectivity, and scientific rigor in all its educational activities. All Potential Speakers participating in a sponsored activity are expected to disclose any significant financial interest or other relationship (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any commercial supporters of the activity. (Significant financial interest or other relationship can include such things as grants or research support, employee, consultant, major stockholder, member of speaker's bureau etc.)

The intent of this disclosure is not to prevent a speaker with a significant financial or other relationship from making a presentation, but rather to provide listeners with information on which they can make their own judgments. It remains for the audience to determine whether the speaker's interest or relationships may influence the presentation with regard to exposition or conclusion.

It is at this point where you must disclose any and all relevant financial relationships with commercial interests. If there is nothing to disclose, select **No**; you be taken back to the previous page where you may add more authors. If there is anything to disclose, select **Yes**; you will be taken to another page to enter your disclosure(s) and conflict of interest management strategy.

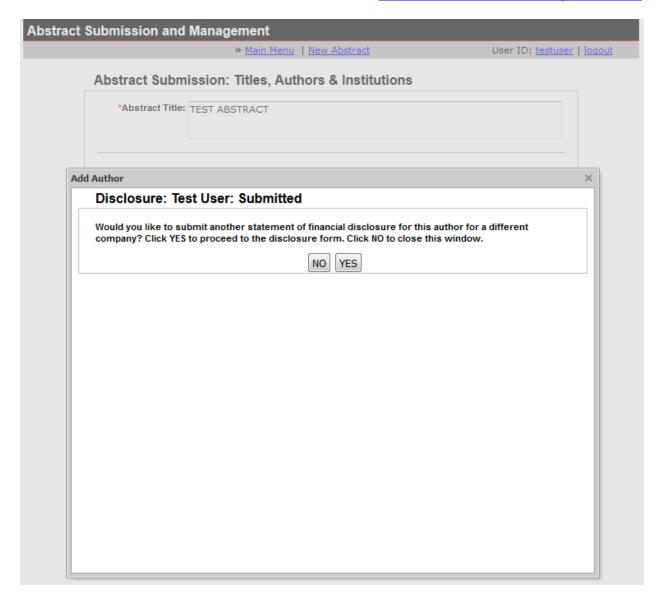


Enter author's financial disclosure.

If the disclosure is relevant to the abstract being submitted, click **Yes**; the strategy options for conflict of interest management will appear. Select the appropriate strategy and then click **Submit**.

If the disclosure is NOT relevant to the abstract being submitted, click **No** and then click **Submit** to advance to the next screen to add another disclosure or complete the disclosure entry for the author.

You will be taken to another page to add more disclosures OR finalize the disclosure entry.

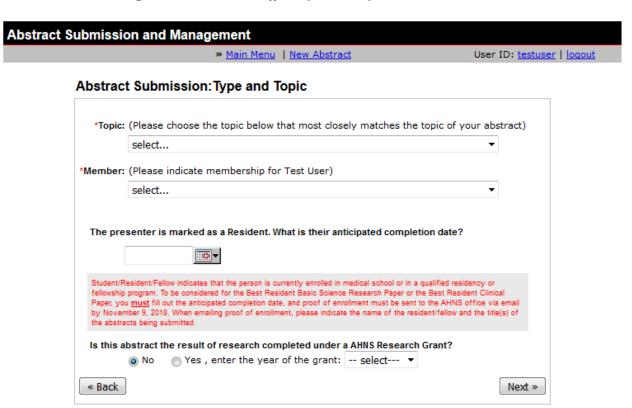


If you select **Yes**, you will be directed to another disclosure screen similar to that pictured above. If you select **No**, you may move on to add the next author.

Enter the rest of the Authors in the same manner; making sure the disclosure information is accurate and up to date. You may add any number of authors in any order you wish once you have completed adding the First (Primary) Author.

Click **Save & Continue** to move on to the next step or **Back** to edit the contact information. From this point forward, if you leave the site, your abstract will be saved.

Part 5 – Submitting a New Abstract || Step 3 – Topic



Use the Topic pull-down menu to select the topic that most closely matches the topic of this abstract.

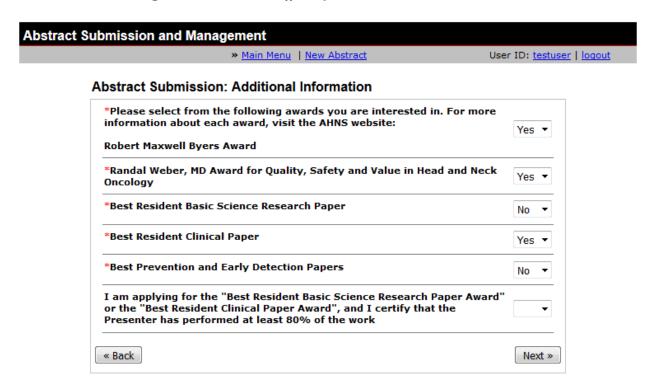
Use the Member pull-down menu to confirm whether or not the Presenter is a member of AHNS.

Indicate whether the Presenter is in a surgical residency or other surgical training program and if so, provide the anticipated date of completion of training.

Finally, indicate if this abstract is the result of research completed under a AHNS research grant.

Click **Back** to go back and edit Authors and Institutions or **Next** to continue.

Part 5 – Submitting a New Abstract || Step 4 – Additional Information



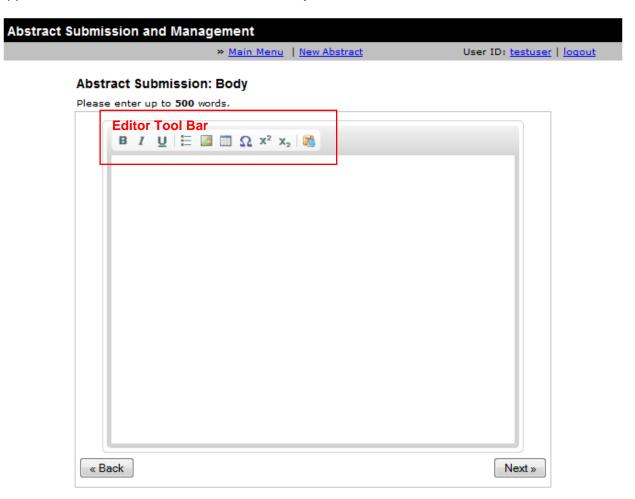
If you plan to apply for AHNS sponsored awards, select the awards you would like to apply for. Information about each award can be found at: http://www.ahns.info/meetings/abstracts/

If you are applying for the "Best Resident Basic Science Research Paper" or "Best Resident Clinical Paper" Awards, certify that the Presenter has performed at least 80% of the work.

Click **Next** to add and edit the body of your Abstract Summary.

Part 5 – Submitting a New Abstract | Step 5 – Edit your Abstract Content

Once you have entered the basic information for your abstract, the abstract editor will now appear on screen. You will now be able to edit your abstract.



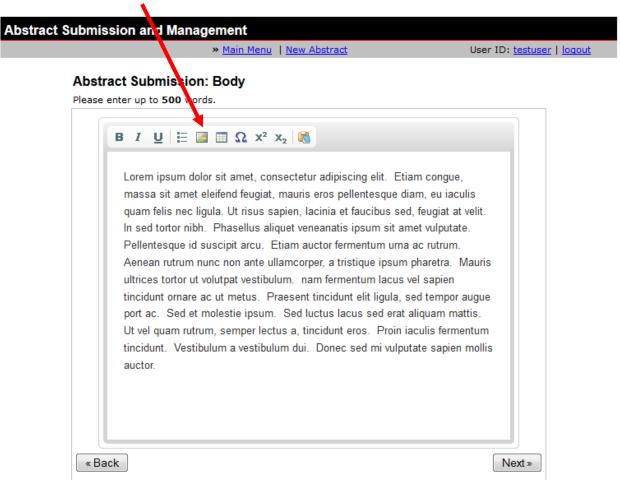
Entering Text

- 1. You may enter abstract text simply by typing it in the abstract box.
- 2. Alternatively, you may use the editor's copy & paste function
 - a. You may copy & paste from **MS Word** or paste as **Plain Text** by choosing the appropriate icon in the editor tool bar.

Please Note: Every abstract submitted must adhere to a **500-word limitation**. This restriction will be strictly enforced via the online submission system.

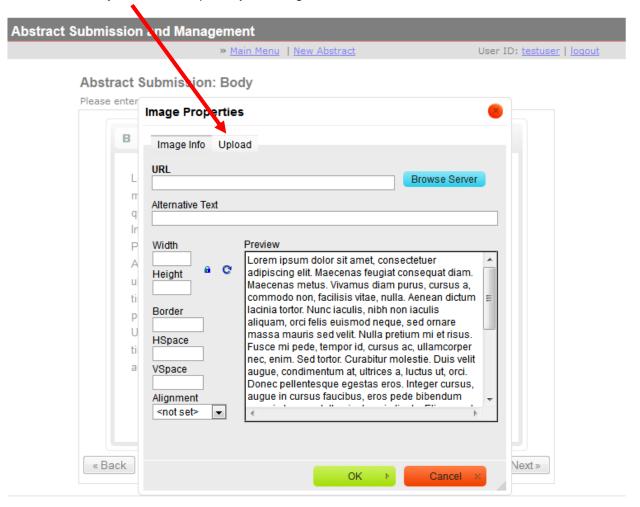
Inserting an Image

1. Select the **Image icon** from the editor tool bar



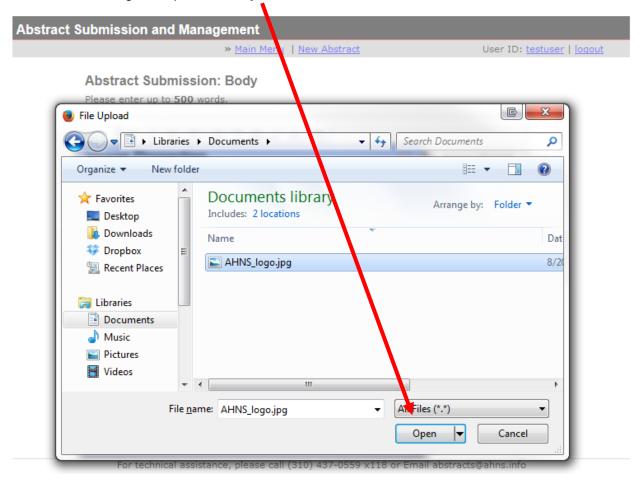
2. The Image Properties box will now appear on screen.

3. Select the **Upload** tab to upload your image.



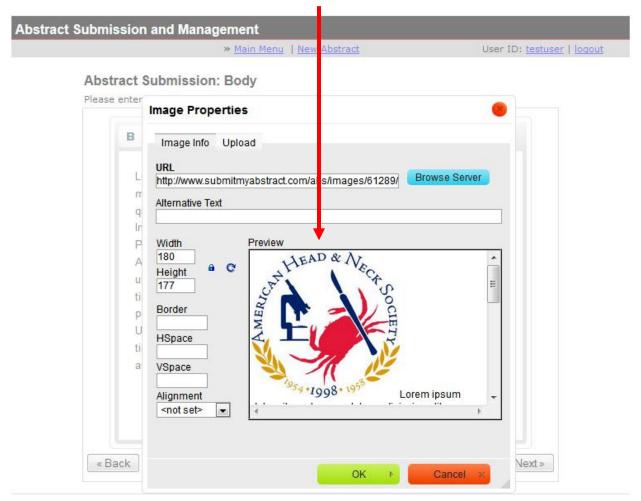
- 4. The file upload box will now appear on screen
- 5. Select the **Browse** button and navigate your local hard drive to locate the desired image.

6. Select the image and press the **Open** button



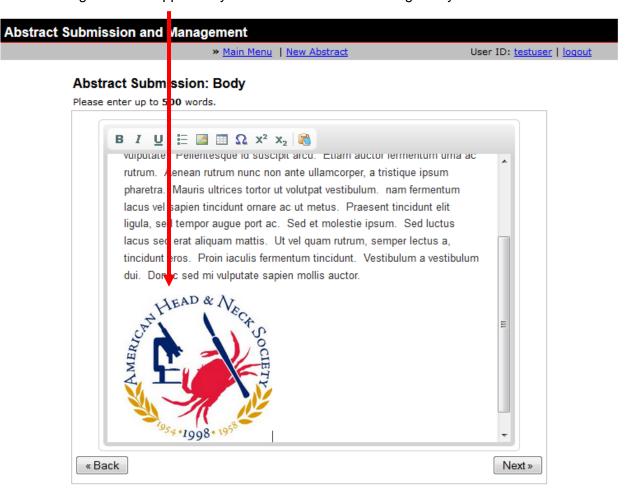
- 7. You will return to the Image Properties screen
- 8. Press the **Send it to the Server** button

9. Your image will now appear on the **preview screen** portion of the image properties.



10. Press the **OK** button

11. Your image will now appear in your abstract editor box along with your submitted text.



12. Select **Next** to continue with the abstract submission

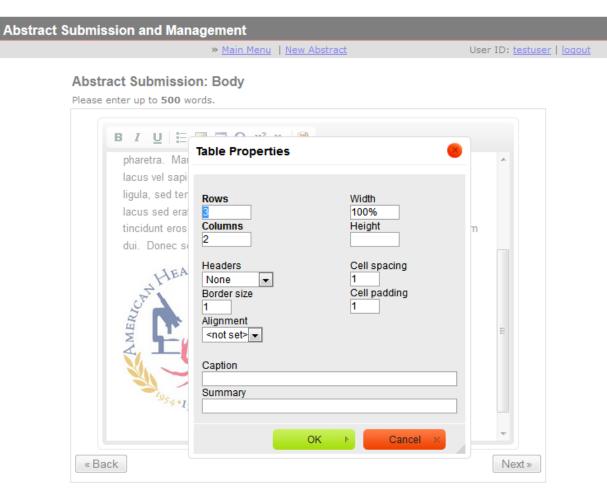
Please Note: We have provided support for small images in this software. While any color image may be inserted, this feature is primarily intended for graphs. Because images must be in JPG format and less than 500 kb in size and should be less than 400 pixels in width and height, we do not recommend that you attempt to insert high-quality intraoperative photos.

Generating a Table within the Abstract Editor

1. Select the **Table Icon** from the editor tool bar.

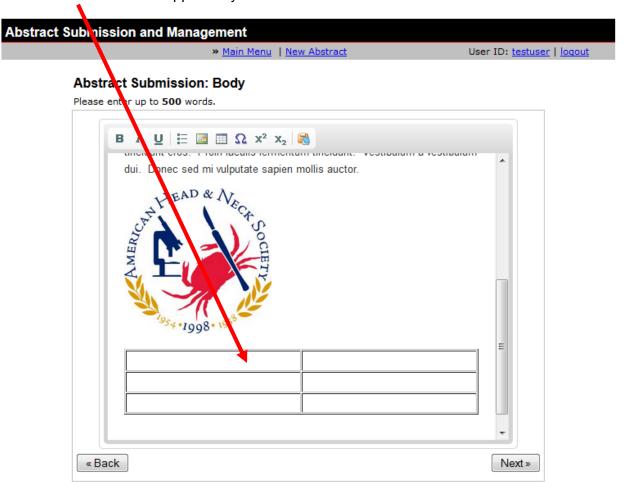


- 2. The Table Properties screen will now appear.
- 3. Fill in the table definitions as needed (rows, columns, header, summary, etc)



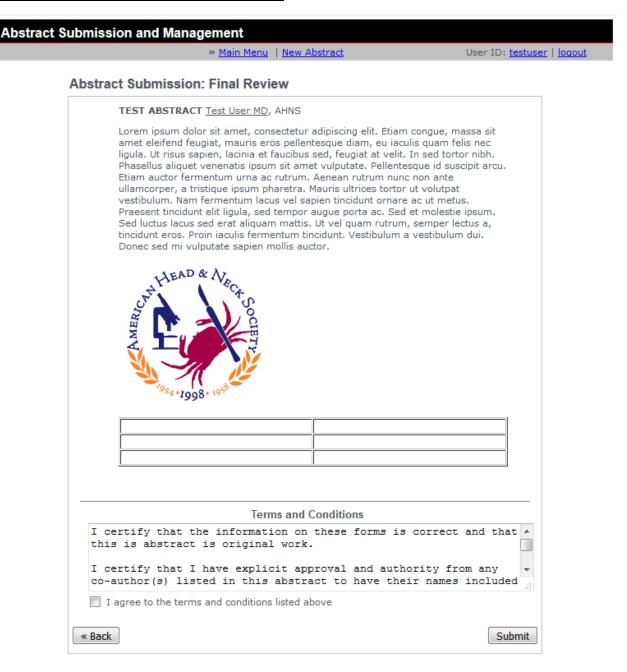
4. Press OK

5. A blank table will now appear in your abstract



- 6. Fill in the table with your desired data.
- 7. Select Next

Review and Accept Terms and Conditions



Please Note: Once you have successfully created an abstract that conforms to our specifications, you are presented the above screen and are given the opportunity to review the abstract. If you need to make changes, use the **Back button located at the bottom of the screen** to go back. Do not use the built-in browser back button, as this may cause problems.

If you are ready to submit your abstract for consideration, then please read the Terms and Conditions in the box below your abstract. You must indicate your agreement to the Terms and Conditions by clicking the "I agree to the terms and conditions listed above" box.

Click the **Submit** button to submit this abstract for review. You will get a confirmation email as a receipt and see the Confirmation Screen in your browser.

If your abstract contains an image or table please confirm the placement and presentation of the object before continuing.

An onscreen confirmation screen will appear once you have successfully submitted your abstract.

Please Note: If you see the screen below, you have successfully submitted your abstract. ALSO note the Abstract ID (5-digit number) for your submission; this will be the unique identifier for your submission. Click Logout if you are finished, Main Menu if you wish to continue managing your abstracts or New Abstract to begin entering a new abstract.

Abstract Submission and Management

» Main Menu | New Abstract

User ID: testuser | logout

Thank you for submitting abstract 84785 to AHNS. You may make changes to this abstract up until the submission deadline. Updates as to the status of this abstract will be sent to the contact name you identified.

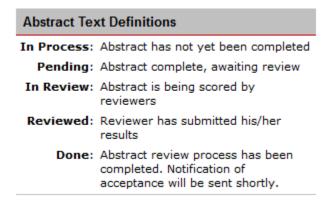
Please click the Main Menu link above to return to your abstract management page.

Part 6a - Abstract Management - The Main Menu

Now that you have entered one or more abstracts, the main menu will show the abstracts in the system and their status. The next time you log in or click **Main Menu** after starting or completing an abstract, your screen will look something like this:



Every abstract authored by this account will be displayed even if it has not been finished. The **Status** column explains the status of each abstract. To receive an explanation of status codes, click on the underlined word **Status** at the top of that column. A new window will open and display the status definitions:



Use the pull down menu at the upper right to limit the view of abstracts by status. Click an abstract title to edit or delete it as long as it is prior to the submission deadline.

Part 6b – Abstracts that will be considered for presentation

Once the submission deadline passes, only abstracts marked as PENDING will go to the review stage.

Abstract Text Definitions

In Process: Abstract has not yet been completed
Pending: Abstract complete, awaiting review

In Review: Abstract is being scored by

reviewers

Reviewed: Reviewer has submitted his/her

results

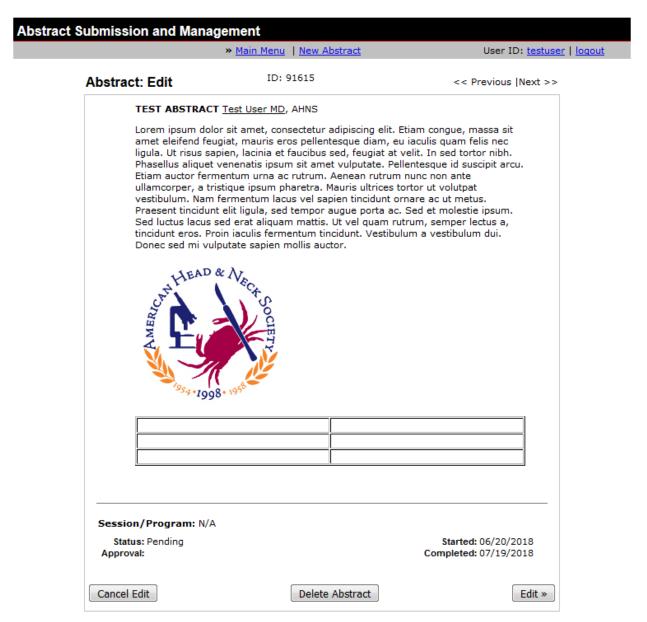
Done: Abstract review process has been

completed. Notification of acceptance will be sent shortly.

Abstracts marked IN PROCESS as of the submission deadline will NOT be reviewed. Please make sure that you complete all of your abstracts before the submission deadline. Contact the <u>AHNS Office</u> if you have questions.

Part 6c - Abstract Management - Editing an Abstract

You may edit your abstract at any time prior to the submission deadline by clicking on the abstract title from the main menu. You will see the following screen:

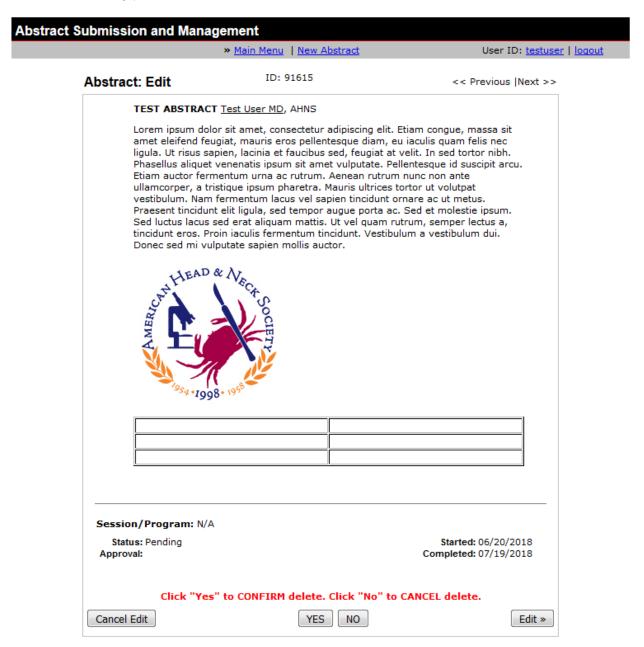


Click the "**EDIT**" button to begin editing the abstract. Editing is exactly the same process as entering an abstract, except all of the information you entered previously will be there. Refer to Part 5 for instructions on using the data entry screens.

Part 6d – Abstract Management – Deleting an Abstract

If you wish to delete an abstract (remove it from consideration or delete an abstract with errors) you do so by logging in and clicking on the abstract to be deleted. You will see the same screen from Part 6b above.

To delete, click the "**Delete Abstract**" button in the bottom center of the screen. You will see a new screen asking you to confirm deletion:



If you wish to continue and permanently delete this abstract, click "Yes" or click "No" to keep this abstract.