Thyroid, Parathyroid, and Neck Ultrasound Course
Tuesday, April 30, 2019 * 7:00 am to 4:35 pm
JW Marriott, Austin, Texas

Course Director: Russell Smith, MD, FACS & Marika Russell, MD, FACS

PROGRAM OBJECTIVES
The objective of this course is to introduce the practicing surgeon to office based ultrasound examination of the thyroid, parathyroid, and neck for commonly encountered diseases. The distinction of normal from malignant lymphadenopathy is emphasized with a demonstration of the comprehensive examination of lymph node basins in cervical levels I-VI. The technique of ultrasound guided fine needle aspiration biopsy (FNAB) of thyroid nodules and lymph nodes are addressed in didactic lecture format.

In addition, hands-on skill sessions allow the surgeon to develop techniques to perform diagnostic neck ultrasound and ultrasound guided FNAB. The use of standardized patients allows supervised hands on experience with transverse and longitudinal scanning methods. The techniques of FNAB of lesions will be performed using phantom models. Attendees will be instructed in the practical detail and hurdles in developing office based ultrasound.

CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Accreditation
The American College of Surgeons is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
The American College of Surgeons designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the AMA PRA Category 1 Credits™ listed above, a maximum of 7.75 credits meet the requirements for Self-Assessment.

FACULTY DISCLOSURES
In compliance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. All reported conflicts are managed by a designated official to ensure a bias-free presentation.

IN-KIND DONATION ACKNOWLEDGEMENT
The American Head & Neck Society gratefully acknowledges the following companies for generous in-kind contributions for this educational activity.

GE Healthcare · RGS Healthcare
Course Agenda
Tuesday, April 30, 2019

Didactic Session
Room: 502-503

7:30 am - 7:40 am  Course Introduction
7:40 am - 8:10 am  Principles and Physics of Ultrasonography – Joseph Sniezek, MD, FACS
8:10 am - 8:30 am  Scanning Techniques for Head and Neck Ultrasonography – Arjun Joshi, MD, FACS
8:30 am - 9:10 am  Ultrasonography of Normal Neck Anatomy – Russell Smith, MD, FACS
9:10 am - 9:25 am  Break
9:25 am - 9:40 am  Instructor Demonstration – Russell Smith, MD, FACS
9:40 am - 10:10 am  Thyroid Ultrasonography – William Armstrong, MD, FACS
10:10 am - 10:35 am  Parathyroid Ultrasonography – Ryan Li, MD, FACS
10:35 am - 10:50 am  Break
10:50 am - 11:30 am  Neck Ultrasonography – Kevin Brumund, MD, FACS
11:30 am - 12:00 pm  Interventional Ultrasonography - Marika Russell, MD, FACS
12:00 pm - 12:15 pm  Lunch Break (Box Lunch to be provided)
12:15 pm - 1:45 pm  Integrating Office Based Ultrasonography into Practice – Merry Sebelik, MD, FACS
12:45 pm - 1:00 pm  Lab Introduction
12:50 pm - 1:00 pm  Break for Transition to Lab

Lab Session
Room: 402-403

Hands-On Faculty:  William Armstrong, MD, FACS; Kevin Brumund, MD, FACS; Jagdish Dhingra, MD; Arjun Joshi, MD, FACS; Ryan Li, MD, FACS; Nitin Pagedar, MD, MPH, FACS; Marika Russell, MD, FACS; Merry Sebelik, MD, FACS; Russell Smith, MD, FACS; and Joseph Sniezek, MD, FACS

1:00 pm - 1:15 pm  Instructors Meet Volunteers and Support Staff for US Equipment
1:15 pm - 1:45 pm  Module 1: Basic Technical Issues
11:45 pm - 2:15 pm  Module 2: Central Neck Anatomy
2:15 pm - 2:45 pm  Module 3: Lateral Neck Anatomy
2:45 pm - 3:00 pm  Break
3:00 pm - 3:30 pm  Module 4: Lymph Node Evaluation
3:30 pm - 4:00 pm  Module 5: Performance Exam
4:00 pm - 4:30 pm  Module 6: Ultrasound Guided FNA
4:30 pm - 4:35 pm  Concluding Remarks
**COURSE CHAIRS:**

Russell Smith, MD, FACS  
Baptist MD Anderson Cancer Center  
Jacksonville, FL

Marika Russell, MD, FACS  
UC San Francisco  
San Francisco, CA

**COURSE SPEAKERS:**

William Armstrong, MD, FACS  
University of California - Irvine Medical Center  
Orange, CA

Kevin Brumund, MD, FACS  
UC San Diego Health Systems  
La Jolla, CA

Jagdish Dhingra, MD  
Tufts University School of Medicine  
Boston, MA

Arjun Joshi, MD, FACS  
The George Washington University  
Washington, DC

Ryan Li, MD, FACS  
Oregon Health and Science University  
Portland, OR

Nitin Pagedar, MD, FACS  
University of Iowa  
Iowa City, IA

Merry Sebelik, MD, FACS  
Emory University  
Atlanta, GA

Joseph Sniezek, MD, FACS  
Swedish Head & Neck Surgery / First Hill  
Seattle, WA
Disclosure Information
American Head and Neck Society
Thyroid, Parathyroid, and Neck Ultrasound Course, April 30, 2019
JW Marriott, Austin, TX

In accordance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. Therefore, it is mandatory that both the program planning committee and speakers complete disclosure forms. Members of the program committee were required to disclose all financial relationships and speakers were required to disclose any financial relationship as it pertains to the content of the presentations. The ACCME defines a ‘commercial interest’ as “any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients”. It does not consider providers of clinical service directly to patients to be commercial interests. The ACCME considers “relevant” financial relationships as financial transactions (in any amount) that may create a conflict of interest and occur within the 12 months preceding the time that the individual is being asked to assume a role controlling content of the educational activity. The ACCME also requires that ACS manage any reported conflict and eliminate the potential for bias during the session. The planning committee members and speakers were contacted and the conflicts listed below have been managed to our satisfaction. However, if you perceive a bias during a session, please advise us of the circumstances on the session evaluation form.

Please note we have advised the speakers that it is their responsibility to disclose at the start of their presentation if they will be describing the use of a device, product, or drug that is not FDA approved or the off-label use of an approved device, product, or drug or unapproved usage.

The requirement for disclosure is not intended to imply any impropriety of such relationships, but simply to identify such relationships through full disclosure, and to allow the audience to form its own judgments regarding the presentation.

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